



TRIANGLE

# Downtowner

M A G A Z I N E

ISSUE 99

THIS ISSUE IS DEDICATED TO OUR CO-FOUNDER RANDALL L. GREGG

FREE

◦ 2014 ◦

BEST

of the

*Triangle*

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AWARDS

**PLUS**

**Stanbury Restaurant**

**10 ?'s with Harvey Schmitt**

**Pie Pushers Food Truck**

**Letters Bookshop**

**Man v. Liver**

**Fashion**

LUCY'S  
STRIKE



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**ON THE COVER:** Blair Womack, our favorite graphic designer, was tasked once with creating our Best of Downtowner Awards cover image. We think she outdid herself and can't wait to work on some new t-shirt designs with her for this summer. Check out her work at [www.itsblair.com](http://www.itsblair.com).



Answer to crossword puzzle on page 27



MAILING ADDRESS: PO Box 27603 | Raleigh, NC 27611  
 OFFICE: 402 Glenwood Avenue | Raleigh, NC 27603  
[www.WeLoveDowntown.com](http://www.WeLoveDowntown.com)

Please call to schedule an office appointment

**919.828.8000**

ADVERTISING AND GENERAL OFFICE INQUIRIES:  
[www.WeLoveDowntown.com/contactus](http://www.WeLoveDowntown.com/contactus)

PRESS RELEASES:

[press@welovedowntown.com](mailto:press@welovedowntown.com)

PUBLISHER & CO-FOUNDER	Crash Gregg
CO-FOUNDERS	Sig Hutchinson, Randall Gregg
FOOD EDITOR	Brian Adornetto
ART EDITOR	Max Halperen
LEAD DESIGNER	Katie Severa
COPY MANAGER	Melissa Santos
BUSINESS DEVELOPMENT	Nicole Assef, Michelle Love, George Chunn, Chris Moutos
PHOTOGRAPHERS	Randy Bryant, Bill Reaves, Russ Billo, Darryl Morrow
WRITERS	Brian Adornetto, Max Halperen, Phillip Zucchini, Sean Rouch, Lindsay Saunders, Allan Maurer, Molly Brawley, Linda Kramer, Lance Morrison, Hannah Murphy, Marian Pierson, Michelle Love
PROOFREADING	Lance Morrison, Thomas Nifong
ACCOUNTING/OFFICE SUPPORT	S. Suda Thao
DISTRIBUTION MANAGER	Blair Aitken

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This is the first of a monthly column highlighting some of the dogs and cats who have called the SPCA of Wake County home for far too long. Since the SPCA is a no-kill shelter, their adoptable pets stay with them as long as it takes them to find a home. This means that when the shelter is full, there's no available space for new pets. Some of these wonderful animals are older or have traits that require special attention or medications but want and need to be loved all the same. We hope you'll consider giving one of these (and the many other) long-timers a place to call home where they can feel safe and be cared for. Visit the SPCA of Wake County for more overlooked pets who could use a new family. You can also visit [www.spcawake.org/longtimers](http://www.spcawake.org/longtimers) or call 919.772.2326. 📷 Photos courtesy InBetween the Blinks Photography

**Frank** Gray & White Domestic Shorthair, 7 Years Old—Frank wins the “softest cat in the shelter” award. He's very cuddly and is looking for an empty lap. Frank would probably do best in a quiet home with an empty windowsill to bird watch. Frank enjoys playing with toy mice and jingle toys. Because he does have an independent personality he can entertain himself easily, and many times his windowsill antics



may also entertain his humans! He is very good about using his litter box, and very tidy around the house! He is on a special diet, but it really isn't anything to be afraid of. He is already neutered, vaccinated and microchipped. His adoption fee is only \$45.00. To learn more about Frank please visit our website [www.spcawake.org/adopt](http://www.spcawake.org/adopt).



**Titan** Boxer mix, 11 Years Old—Meet Titan! If his sincere smile doesn't melt your heart, his bubbly personality definitely will! He has been at the SPCA for several weeks now. He had a hard turn of events recently. He was brought to the shelter after 9 years of living in his past home. He is still getting used to these

big changes, so please stop by the SPCA and give him a visit. He may need a few minutes to settle down and really show his true personality, so a patient and understanding family would be ideal for Titan. Right now he really needs a family who can boost his confidence. Titan tends to find cats really peculiar, so a feline-free home would be ideal for him. He is already neutered, vaccinated and microchipped. Right now he weighs about 65 lbs. and is full grown. His adoption fee is \$95.00. Please visit [www.spcawake.org/adopt](http://www.spcawake.org/adopt) for more information!

# 2014 BEST of the Triangle AWARDS

Wow. You guys really went all out on voting in this year's 4<sup>th</sup> Annual Best of Downtowner Awards. We passed the 10,000 mark for votes this year for the first time and judging by the category winners, we really have readers with the best taste of any magazine in the Triangle. The votes were fairly Raleigh-centric, but considering we were the Raleigh Downtowner for seven years prior to becoming the Triangle Downtowner in January last year, that's perfectly understandable. Durham and other local cities still garnered plenty of votes, which shows just how great our entire region is and we know those votes will continue to grow even more next year. Restaurants and food-related categories brought in the most ballots (we surely are a bunch of foodies around here) and the most diverse group of votes came in for the Shopping and Out & About sections.

In our next issue, we'll share some of the passionate comments from voters on their favorite places in the Triangle as well as a special photo section on some of our category winners. We received plenty of suggestions for next year's categories and have already started to collect prizes to give away to our voters.

Now, on to the winners and let the bragging rights begin! Be sure to keep an eye out this year for "Winner! Best of Downtowner Awards" stickers on merchants' doors and windows, knowing there's something good inside.

## Food & Drink

### Appetizers

Player's Retreat  
Downtown Raleigh  
[www.playersretreat.net](http://www.playersretreat.net)

*Reader Favorites*  
Relish Bar & Café  
Stanbury  
Station  
Times Bar

### Sandwich

NOFO @ the Pig  
Raleigh  
[www.nofo.com](http://www.nofo.com)

*Reader Favorites*  
Mitch's Tavern  
Parker & Otis  
Remedy Diner  
The Rockford  
Toast

### Steak

Angus Barn  
Raleigh  
[www.angusbarn.com](http://www.angusbarn.com)

*Reader Favorites*  
Bin 54  
Second Empire  
Sullivan's Steakhouse  
Ruth's Chris Steakhouse

### Sushi

Waraji  
Raleigh  
[www.warajijapaneserestaurant.com](http://www.warajijapaneserestaurant.com)

*Reader Favorites*  
Mura  
Shiki Sushi  
Sono  
Sushi Gami (currently closed due to fire)  
Tasu

### Taco

Gonza Tacos y Tequila  
Raleigh, Wake Forest  
[www.gonzatacosytequila.com](http://www.gonzatacosytequila.com)

*Reader Favorites*  
Armadillo Grill  
Centro  
Chubby's Taco  
Dos Taquitos  
Gringo  
Kokyu BBQ

### Pizza

Mellow Mushroom Pizza  
Raleigh, Durham, Cary, Wake Forest  
[www.mellowmushroom.com](http://www.mellowmushroom.com)

*Reader Favorites*  
Bella Monica  
Donato's  
Jimmy V's Osteria + Bar  
Lilly's Pizza  
Moonlight Pizza  
Trophy Brewing

### BBQ

Clyde Cooper's BBQ  
Downtown Raleigh  
[www.clydecoopersbbq.com](http://www.clydecoopersbbq.com)

*Reader Favorites*  
Allen & Son Bar-B-Que  
Backyard BBQ Pit  
Kokyu BBQ  
The Original Q Shack  
The Pit

### Ribs

Backyard BBQ Pit  
Durham  
[www.sweetribs.com](http://www.sweetribs.com)

### *Reader Favorites*

Angus Barn  
Clyde Cooper's BBQ  
The Pit  
The Original Q Shack

### Burger

Abbey Road Tavern & Grille  
Cary  
[www.abbeyroadcary.com](http://www.abbeyroadcary.com)

*Reader Favorites*  
Al's Burger Shack  
Bad Daddy's Burger Bar  
Bull City Burger & Brewery  
Buns  
Char-Grill  
Chucks  
Only Burger  
Player's Retreat  
Zinburger Wine & Burger Bar

### Mac and Cheese

Poole's Diner  
Downtown Raleigh  
[www.ac-restaurants.com](http://www.ac-restaurants.com)

*Reader Favorites*  
Beasley's Chicken + Honey  
Bolt Bistro  
Busy Bee  
Capital Club 16  
Dame's Chicken and Waffles  
Oro  
Relish Café & Bar

### Chicken Wings

Woody's at City Market  
Raleigh, Cary  
[www.woodycitymarket.com](http://www.woodycitymarket.com)

*Reader Favorites*  
Ba-Da Wings



The colorful wall at Gonza Tacos y Tequila

Buffalo Brothers  
Hibernian Restaurant & Pub  
The Point at Glenwood  
TirNaNog Irish Pub  
Tyler's Tap Room

### Fried Chicken

Clyde Cooper's BBQ  
Downtown Raleigh  
[www.clydecoopersbbq.com](http://www.clydecoopersbbq.com)

*Reader Favorites*  
Beasley's Chicken + Honey  
Dames Chicken and Waffles  
Mecca Restaurant  
The Pit  
Smithfield's Chicken & BBQ

### Grilled Cheese

American Meltdown  
Food Truck

[www.americanmeltdown.org](http://www.americanmeltdown.org)

*Reader Favorites*  
Capital Club 16  
Player's Retreat  
Relish Café & Bar  
The Borough  
The Station

### Hot dog

Cloo's Coney Island  
Raleigh  
*Reader Favorites*  
Char-Grill  
Chuck's  
Roast Grill  
Snoopy's Hot Dogs  
Wimpy's Grill

### French Fries

Chuck's >>>



A young couple and their son enjoying lunch at the new location of Clyde Cooper's BBQ

(All Reader Favorites are in alphabetical order)

Downtown Raleigh  
www.ac-restaurants.com

*Reader Favorites*

Buns  
Capital Club 16  
Five Guys  
Tyler's Tap Room

**Hushpuppies**

42nd Street Oyster Bar  
Downtown Raleigh  
www.42ndstreetoysterbar.com

*Reader Favorites*

Clyde Cooper's BBQ  
Farmers Market Restaurant  
The Pit  
Smithfield's Chicken & BBQ  
Tony's Oyster Bar

**Frozen Dessert**

The Parlour/Parlour Bus  
Downtown Durham  
www.theparlourdurham.com

*Reader Favorites*

Crema  
Goodberry's Frozen Custard  
Locopops  
Lumpy's  
Howling Cow  
Sugarland

**Milkshake**

Char-Grill  
Triangle-wide  
www.chargrillusa.com

*Reader Favorites*

Chuck's  
Cook Out  
Hayes Barton Cafe  
Person Street Pharmacy Grill

**Margarita**

Centro  
Downtown Raleigh  
www.centroraleigh.com

*Reader Favorites*

Cala•Vela (formerly Calavera)  
Dos Perros  
Dos Taquitos  
Gonza Taco y Tequila  
Jose & Sons  
Mez

**Martini**

Foundation  
Downtown Raleigh  
www.foundationnc.com

*Reader Favorites*

C Grace  
Fox Liquor Bar  
Jimmy V's Osteria + Bar  
Player's Retreat  
Second Empire  
Sullivan's Steakhouse  
Whisky

**Bourbon and/or Whiskey Selection**

Whisky  
Downtown Durham  
www.whiskydurham.com

*Reader Favorites*

Angus Barn  
C Grace  
Crunkleton  
Foundation  
Player's Retreat

**Specialty Cocktails**

C Grace  
Downtown Raleigh

**Locally Brewed Beer**

Angry Angel  
(Big Boss Brewery)  
Raleigh  
www.bigbossbrewing.com

*Reader Favorites*

Bad Penny/Big Boss Brewery  
Carolina Pale Ale/Carolina  
Brewing Co.  
Shotgun Betty/Lonerider  
Sweet Josie/Lonerider

**Dining**

**New Restaurant (Opening in 2013)**

Stanbury  
Downtown Raleigh  
www.stanburyleigh.com

*Reader Favorites*

Academy Street Bistro  
Garland  
Jimmy V's Osteria + Bar  
Jose & Sons (formerly Jibarra)  
The Station

**Italian Restaurant**

Bella Monica  
Raleigh  
www.bellamonica.com

*Reader Favorites*

Caffe Luna  
Gravy  
Jimmy V's Osteria + Bar  
Mia Francesca  
Panciuto  
Vivace

**Mediterranean/Middle Eastern Restaurant**

Sitti Authentic Lebanese  
Downtown Raleigh  
www.sitti-raleigh.com

*Reader Favorites*

Babylon  
Clockwork  
Neomonde  
Taverna Agora

**Japanese Restaurant**

Waraji  
Raleigh  
www.warajijapaneserestaurant.com

*Reader Favorites*

Mura  
Sono  
Wasabi  
Yamazushi

**Chinese Restaurant**

David's Dumpling & Noodle Bar  
Downtown Raleigh  
www.ddandnb.com

*Reader Favorites*

Chirba Chirba Food Truck  
Five Star  
Peace China  
Red Dragon

**French Restaurant**

Vin Rouge  
Durham  
www.vinrougerestaurant.com

*Reader Favorites*

Coquette Brasserie  
Kitchen  
Rue Cler  
Saint Jacques

**Indian Restaurant**

Azitra Restaurant  
Raleigh  
www.azitra.us

*Reader Favorites*

Blue Mango  
Cilantro Indian Café  
Mantra  
Mint  
Saffron  
Sitar Indian Cuisine  
Taj Mahal

**Thai Restaurant**

Sawasdee Thai  
Raleigh  
www.sawsdeethai.com

*Reader Favorites*

Bida Manda  
Sushi Tha  
Thai Café  
Thaiphon Bistro

**Vegetarian/Vegan Restaurant**

Fiction Kitchen  
Downtown Raleigh  
www.fictionkitchen.com

*Reader Favorites*

Aladdin's Eatery  
Irregardless Café  
Remedy Diner  
Sage Café  
Spotted Dog

**Family-Friendly Restaurant**

Mellow Mushroom  
Triangle-wide  
www.mellowmushroom.com

*Reader Favorites*

Big Ed's City Market  
Brigs Restaurant  
Bad Daddy's Burger Bar  
Clyde Cooper's BBQ

**Restaurant to People Watch**

Raleigh Times Bar  
Downtown Raleigh  
www.raleightimes.com

*Reader Favorites*

Busy Bee  
Hibernian  
Mateo  
Player's Retreat  
Stanbury

**Seafood**

42nd Street Oyster Bar  
Downtown Raleigh  
www.42ndstreetoysterbar.com

*Reader Favorites*

Blu Seafood & Bar  
Farmers Market Restaurant  
Margaux's  
Seaboard 18  
Squid's

**Tapas**

Humble Pie  
Downtown Raleigh  
www.humblepierestaurant.com

*Reader Favorites*

Mateo  
ORO Restaurant  
Six Plates  
Tasca Brava

**Local Coffee Shop**

Café Helios  
Downtown Raleigh  
www.cafehelios.com

*Reader Favorites*

Café de los Muertos  
Cocoa Cinnamon Coffee  
Grounds  
Joule  
Jubala Village Coffee  
Sola Coffee Cafe  
The Morning Times

**Bakery**

La Farm Bakery  
Cary  
www.lafarmbakery.com

*Reader Favorites*

Great Harvest Bread  
Guglhupf Bakery & Patisserie  
Loaf  
Neomonde Bakery & Deli  
Once in a Blue Moon Bakery  
Square Rabbit  
Stick Boy Bread Company  
Yellow Dog Bread Company

**Breakfast**

Big Ed's City Market  
Downtown Raleigh  
www.bigedscitymarket.com

*Reader Favorites*

Brig's Restaurant  
Café Helios  
Elmo's Diner

Finch's  
Flying Biscuit Café  
Jimmy V's Osteria + Bar  
State Farmers Market Restaurant

**Brunch**

Mandolin  
Raleigh  
www.mandolinraleigh.com

*Reader Favorites*

Academy Street Bistro  
Babylon  
Coquette  
Flying Burrito  
Guglhupf Bakery & Patisserie  
Humble Pie  
NOFO @ the Pig  
Weathervane Restaurant

**Dessert**

Hayes Barton Café & Dessertery  
Raleigh  
www.hayesbartoncafe.com

*Reader Favorites*

Angus Barn  
Guglhupf Bakery & Patisserie  
[ONE] Restaurant  
PieBird  
Second Empire  
Stanbury

**Romantic Dinner**

Second Empire  
Downtown Raleigh  
www.second-empire.com

*Reader Favorites*

Angus Barn  
Bella Monica  
Bida Manda  
Heron's at Umstead  
Lantern  
Mandolin  
Nana's  
Vin Rouge

**Champion of Local Ingredients**

Regan Stachler, Little Hen  
Holly Springs  
www.littlehenncc.com

*Reader Favorites*

Amy Tornquist, Watts Grocery  
Ashley Christensen, AC Restaurants  
Caroline Morrison, Fiction Kitchen  
Matt Kelly, Mateo/Vin Rouge

**Innovative Menu**

[ONE] Restaurant  
Chapel Hill  
www.one-restaurant.com

*Reader Favorites*

Bu•ku  
Lantern  
Little Hen  
Maximillian's  
Stanbury  
Shiki Sushi

**Comfort/Southern Food**

Poole's Diner  
Downtown Raleigh  
www.ac-restaurants.com

*Reader Favorites*

Big Ed's City Market  
Clyde Cooper's BBQ  
Crook's Corner



Jimmy V's has the largest outside covered patio in downtown

**Bloody Mary**

NOFO @ The Pig  
Raleigh  
www.nofocom

*Reader Favorites*

Acme  
Busy Bee  
Jimmy V's Osteria + Bar  
Motorco  
Raleigh Times Bar

www.cgracebar.com

*Reader Favorites*

Crunkleton  
Foundation  
The Hive (in Busy Bee)  
Stanbury  
The Station  
Whisky  
Vivace

**Mexican/Spanish Restaurant**

Cala•Vela (formerly Calavera)  
Downtown Raleigh  
www.calavelaraleigh.com

*Reader Favorites*

Dos Taquitos  
Gonza Taco y Tequila  
Jose & Sons  
Mez



Mandolin sports one of the best wine lists in the Triangle

State Farmers Market Restaurant  
NOFO @ the Pig  
Pam's Farmhouse  
The Pit

Moonlight Pizza  
Player's Retreat  
Station  
Village Draft House

Only Burger  
Pie Pushers  
Porchetta

**DogFriendly Patio**  
Raleigh Times Bar  
Downtown Raleigh  
www.raleightimebar.com  
*Reader Favorites*  
Boylan Bridge Brewery

**Food Truck**  
Chirba Chirba  
www.chirbachirba.com  
*Reader Favorites*  
American Meltdown  
KoKyu BBQ

**Late Night Menu**  
Raleigh Times Bar  
Downtown Raleigh  
www.raleightimesbar.com  
*Reader Favorites*  
Armadillo Grill  
Five Star

Busy Bee  
Cook-Out  
Cosmic Cantina  
The Federal  
Tobacco Road  
Player's Retreat

**Wine List**  
Second Empire  
Downtown Raleigh  
www.second-empire.com

*Reader Favorites*  
Angus Barn  
Bella Monica  
Heron's at Umstead  
Mandolin  
Mateo  
[ONE] Restaurant  
Sullivan's  
Vin Rouge

**Tequila Menu**  
Cala•Vela (formerly Calavera)  
Downtown Raleigh  
www.calavelaraleigh.com  
*Reader Favorites*  
Centro  
Jose & Sons  
Gonza Taco y Tequila

**Craft Beer Selection**  
Flying Saucer  
Downtown Raleigh  
www.beerknurd.com/stores/  
raleigh

*Reader Favorites*  
Brewmasters Bar & Grill  
Busy Bee  
Raleigh Times Bar  
Sawmill Tap Room  
Tyler's Taproom  
Village Draft House

**Service/Friendliest Staff**  
Flying Saucer  
Downtown Raleigh  
www.beerknurd.com/stores/  
raleigh

*Reader Favorites*  
42nd Street Oyster Bar  
Angus Barn  
Bida Manda  
Jimmy V's Osteria + Bar  
Player's Retreat

**Quick (or Takeout) Lunch**  
Clyde Cooper's BBQ  
Raleigh  
www.clydecoopersbbq.com

*Reader Favorites*  
Armadillo Grill  
Centro  
Char-Grill  
Dorri's Downtown  
Roast Grill  
Square Rabbit  
**Cheap Lunch**  
Guasaca  
Raleigh

www.guasaca.com  
*Reader Favorites*  
Chubby's Taco's  
Cosmic Cantina  
David's Dumpling and Noodle  
Bar  
Elmo's Diner  
Mediterranean Deli  
Neomonde Bakery  
Sosta Café  
Toast

**Business Lunch**  
Jimmy V's Osteria + Bar  
Downtown Raleigh  
www.jimmyvsraleigh.com

*Reader Favorites*  
Bolt Bistro  
Capital City Club  
Glenwood Grill  
Seaboard 18  
Toast

**Catering Company**  
Catering Works  
Raleigh  
www.cateringworks.com

*Reader Favorites*  
Durham Catering Company  
The Garden on Millbrook  
Green Planet Catering  
Ladyfingers  
Posh Nosh Catering >>>



Nana says, "Mangia, Mangia!"

**Bella Monica**

Cucina  Vino

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## Taking Reservations!!



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ST. MARY'S

Located on the corner of St. Mary's Street and Wade Avenue, 1300 St. Mary's will include 39 residential condos with a pool and fitness room! Square Footages start at 530 square feet and go to over 2,200 square feet. For reservations and contract information please contact the Glenwood Agency! For more information please visit [www.1300StMarys.com](http://www.1300StMarys.com).

 **GLENWOOD**  
AGENCY  
REAL ESTATE

700 W. Jones Street, Downtown Raleigh  
[glenwoodagency.com](http://glenwoodagency.com) | 919-828-0077

This is not intended to solicit currently listed properties.



You can't go wrong with DECO in downtown Raleigh for your gift shopping needs

## Goods & Services

### Hair Salon for Women

Bottega, A Hair Studio  
Downtown Raleigh  
www.botteghahair.com

*Reader Favorites*

Alter EGO  
Atomic Salon  
Blo  
David Wade Salon  
Junction Salon  
Posh the Salon

### Hair Salon for Men

Salon Blu, North Hills  
Raleigh  
www.salonbluhair.com

*Reader Favorites*

Crazy Combs  
Marigold Parlour  
Salontology Hair & Color  
Tesoro Hair Designs

### Nail Salon

Cameron Spa & Nails  
Downtown Raleigh  
www.camernspaandnails.com

*Reader Favorites*

Allure the Salon  
Crazy Combs

Hayes Barton Nails  
NV Nails  
Tre Nail Spa

### Florist

Kelly Odom  
Downtown Raleigh  
www.kellyodom.com

*Reader Favorites*

Fallon's Flowers  
North Raleigh Florist  
Ninth Street Flowers

### Hotel

Umstead Hotel & Spa  
Cary, NC  
www.theumstead.com

*Reader Favorites*

The Carolina Inn  
Downtown Sheraton  
Washington Duke Inn

### Limousine/Car Service/Taxi

Taxi Taxi  
Raleigh  
www.taxitaxiraleigh.com

*Reader Favorites*

All Points Transportation  
Cardinal Cab  
White Horse

### Car Wash/Detail Service

Men at Work  
Downtown Raleigh

www.menatworkcarcarecenter.com

*Reader Favorites*

Carolina Express Car Wash  
In and Out Mobile Detailers  
TC's of Durham (Bunky's)

### Trusted Auto Repair

Duty Tire and Auto Care  
Raleigh  
www.dutytire.com

*Reader Favorites*

Autobahn Automotive  
Benchmark Autoworks  
Durham Tire & Auto  
Neal's Garage  
Tao Auto

### Local Pharmacy

Hayes-Barton Pharmacy  
Raleigh  
www.hayesbartonpharmacy.com

*Reader Favorites*

Ashworth Drugs  
Hamlin Drugs  
Person Street Pharmacy  
Sutton's Drug Store

### Dry Cleaner

Capstone Cleaners  
Downtown Raleigh  
www.capstonecleaners.com

*Reader Favorites*

The Dry Cleaning Guy  
Koretizing Cleaners  
Medlin Davis  
Rollins' Cleaners

### Gym or Place to Work Out

HEAT Studios  
Downtown Raleigh  
www.heatstudios.com

*Reader Favorites*

Burn Athletic  
Fitness Connection  
Life Time Fitness  
O2 Fitness  
YMCA

### Real Estate Agency

Glenwood Agency  
Downtown Raleigh  
www.glenwoodagency.com

*Reader Favorites*

Fonville Morisey  
Go Realty  
Keller Williams  
Urban Durham Realty

### Day Spa

Umstead Hotel & Spa  
Cary, NC  
www.theumstead.com

*Reader Favorites*

Bella Trio Day Spa  
Glo De Vie Med Spa  
Modern Enhancement Day Spa  
Simply Bliss Spa & Salon  
Skin Sense  
The Spa at Lafayette  
Synergy Spa & Aesthetics

*Full Service indulgence!*

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**APEX  
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DURHAM  
RALEIGH**

### Tattoo Parlor

Blue Flame Tattoo  
Downtown Raleigh  
www.blueflametattoo.com

*Reader Favorites*

Dogstar Tattoo Company  
Mad Ethel's Tattoo  
Oak City Tattoo  
Phoenix Tattoo

### Dental Practice

Downtown Dental  
Downtown Raleigh  
www.downtownraleighdental.com

*Reader Favorites*

Ashley Lloyd, DDS  
Baker Comprehensive Family  
Dentistry  
David Greenlee, DDS  
Raleigh Comprehensive &  
Cosmetic Dentistry  
Rebecca Schmor, DDS  
Renaissance Dental Center  
Research Triangle Dental  
Southern Dental Arts  
Stanley Dentistry  
Stansell Dentistry

### Chiropractor Practice

Greater Raleigh Chiropractic &  
Rehab  
Raleigh  
www.greaterchiro.com

*Reader Favorites*

Atlas Orthogonal Chiropractic  
The Health Studio  
Midtown Chiropractic  
Raleigh Chiropractic and Wellness  
Triangle Spine Center

### Veterinary Office

Quail Corners Animal Hospital  
Raleigh  
www.quailcornersanimalhospital.com

*Reader Favorites*

CareFirst Animal Hospital at  
Glenwood  
Downtown Mobile Veterinary  
Services  
Harmony Animal Hospital  
Hidden Valley Animal Hospital  
Shiloh Animal Hospital

### Yoga/Pilates Studio

Blue Lotus  
Downtown Raleigh  
www.bluelotusnc.com

*Reader Favorites*

Indigo Hot Yoga Center  
Global Breath Studio  
Open Door Yoga  
SYNCStudio

## Shopping

### Independent Book Store

Quail Ridge Books & Music  
Raleigh  
www.quailridgebooks.com

*Reader Favorites*

Edward McKay Used Books &  
More  
Flyleaf Books  
Reader's Corner  
Regulator Bookshop

### Furniture Store (New)

Ambiente  
Raleigh  
www.ambientefurniture.com

*Reader Favorites*

Carlton & Company  
Furbish  
Green Front  
Kirk Imports

### Antique Shopping

Raleigh Flea Market  
Raleigh  
www.raleighfleamarket.net

*Reader Favorites*

Antiques Emporium  
Hunt & Gather  
Olde Town Antiques  
Streets of London Antiques

### Vintage/Used Furniture

Revival Antiques & Accessories  
Raleigh  
www.revival-antiques.com

*Reader Favorites*

Cheshire Cat Gallery  
Classic Treasures  
Father and Son  
Shelton's Furniture Co.  
Oddities & Such

### Place to Buy Wine (by the Bottle)

Raleigh Wine Shop  
Downtown Raleigh  
www.raleighwineshop.com

*Reader Favorites*

Seaboard Wine  
Total Wine  
Wine 101  
Wine Authorities  
Wine Feed

### Gift Shop

DECO Raleigh  
Downtown Raleigh  
www.decoraleigh.com

*Reader Favorites*

Accipiter  
Cat Banjo  
Cimos  
Morgan Imports  
NOFO

### Women's Fashions

Cat Banjo  
Raleigh  
www.catbanjo.com

*Reader Favorites*

Bevello  
Cat Banjo  
Dress  
Gena Chandler  
Gigi's Boutique  
Revolver  
Vert & Vogue  
Vestique

### Men's Fashions

The Art of Style  
Downtown Raleigh  
www.theartofstyleboutique.com

*Reader Favorites*

High Line Boutique  
Lumina  
Lyle's Clothing Studio  
Raleigh Denim  
Revolver

### Vintage or Consignment Clothes

Revolver  
Raleigh  
www.revolverboutique.com

*Reader Favorites*

Adore Designer Resale Boutique  
Bargain Box  
Dolly's Vintage  
Father & Son  
Nora

### Jewelry

Bailey's Fine Jewelry  
Raleigh  
www.baileybox.com

*Reader Favorites*

Cat Banjo  
Deco Raleigh  
Diamonds Direct  
Moon & Lola  
Raleigh Flea Market  
Reliable Loan & Jewelry

### Bottle/Beer Shop

Tasty Beverage  
Raleigh  
www.tastybeverageco.com

*Reader Favorites*

Bottle Revolution  
BottleMixx  
Bottle Shop at Tyler's Taproom  
Crafty Beer  
Paddy O' Beers  
Peace Street Market

### Private Art Gallery

Flander's Art Gallery  
Downtown Raleigh  
www.flandersartgallery.com

*Reader Favorites*

Adam Cave Fine Art  
The Carrack Modern Art  
Emerge Fine Art  
FRANK Gallery  
Golden Belt Studios  
Little Art Gallery  
Mahler Gallery  
Wake Forest Art Gallery

### Art on a Budget

Little Art Gallery  
Raleigh  
www.littleartgalleryandcraft.com

*Reader Favorites*

311 West Martin Galleries  
Amplified Art  
Designbox Gallery  
Rebus Works  
Visual Art Exchange

### Where to Buy Vinyl (Records)

Schoolkids Records  
Raleigh  
www.schoolkidsrecords.com

*Reader Favorites*

All Day Records  
Bull City Records  
Record Crate

### Local Hardware Store

Seaboard Ace Hardware  
Downtown Raleigh  
www.seaboardace.com

*Reader Favorites*

Briggs Hardware  
Burke Brothers  
Public Hardware

### Garden Store/Plant Nursery

Logan Trading Company  
Downtown Raleigh  
www.logantrd.com

*Reader Favorites*

Big Bloomers Flower Farm  
Fairview Greenhouses and  
Garden Center  
State Farmers Market  
Stone Brothers & Byrd  
Taylor's Nursery

### Pet Shop

Phydeaux  
Downtown Raleigh/Chapel Hill  
www.phydeauxpets.com

*Reader Favorites*

Other End of the Leash Pet  
Boutique & Bakery  
Lake Boone Unleashed  
Woof Gang Bakery

## Local People

### Chef

Drew Maykuth  
(Stanbury Restaurant)  
Downtown Raleigh  
www.stanburyraleigh.com

*Reader Favorites*

Ashley Christensen  
Brian Fitzgerald  
Daniel Schurr  
Jason Smith  
Matt Kelly  
Scott Crawford  
Scott Howell



*If you haven't ordered from  
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experience the joy*

### Bartender

Joey at London Bridge Pub  
Downtown Raleigh  
www.thelondonbridgepub.com

*Reader Favorites*

Henry at J. Betski's  
Jack at Jimmy V's Osteria  
Jimbo at Raleigh Times  
Kelly at TirNaNog  
Matt at C Grace

### Barista

Faye Williams  
Café Sienna  
www.sheratonraleigh.com/  
cafe-sienna

*Reader Favorites*

Helen Flowers  
Ian Dunn  
Mac Cady

### TV Anchor

David Crabtree  
WRAL-TV5  
www.wral.com

*Reader Favorites*

Bill Leslie  
Barbara Gibbs  
Larry Stogner  
Pam Saulsby  
Gerald Owens

### Weatherman/woman

Elizabeth Gardner  
WRAL-TV5  
www.wral.com

*Reader Favorites*

Chris Hohmann  
Don "Big Weather" Schwenneker  
Greg Fishel

### Downtown Advocate

Ann-Cabell Baum Anderson,  
Glenwood Agency  
www.glenwoodagency.com

*Reader Favorites*

Casey Steinbacher, Durham  
Chamber  
Crash Gregg, Triangle Down-  
towner Magazine  
David Diaz, DRA

### Local Twitterer to Follow

Cliff Bleszinski  
@therealcliffyb

*Reader Favorites*

Julius Hodge  
New Raleigh  
Leo Suarez  
Triangle Downtowner

### Local Entertainer

Ira David Wood III  
Raleigh  
www.theatreinthepark.com

*Reader Favorites*

Adam Pitts  
Bill Leslie  
DJ Spclgst  
Hank Sinatra  
The Love Language  
Scotty McCreery

### Realtor

Ann-Cabell Baum Anderson,  
Glenwood Agency  
Downtown Raleigh  
www.glenwoodagency.com

*Reader Favorites*

Danny Taylor  
Doro Taylor  
Linda Craft  
Steven Votino

### Interior Designer

M.A. Anderson  
Raleigh  
www.maalleninteriors.com

*Reader Favorites*

Betsy Anderson  
Danny Taylor  
Susan Tollefsen

### Attorney

Robert Zaytoun  
Raleigh  
www.zaytounlaw.com

*Reader Favorites*

Bill Young  
Elizabeth R. Harrison  
Joshua D. Hansen  
W. Samuel Weathers

### Architect

Will Aphin  
Aphin Design Build  
www.alphindesignbuild.com

*Reader Favorites*

Kurt Eichenberger  
Thomas Crowder  
Chad Parker  
Rhonda Angerio

### Local Mascot

Mr. Wuf, NCSU  
www.ncsu.edu

*Reader Favorites*

Mrs. Wuf, NCSU  
Stormy, Hurricanes  
Wool E Bull, Durham Bulls

## Out & About

### Place to Hear Live Music

Pour House  
Downtown Raleigh  
www.thepourhousemusicall.com

*Reader Favorites*

Cat's Cradle  
DPAC  
Kings  
Lincoln Theatre  
Papa Mojo's Roadhouse  
Slim's  
TirNaNog

### Outdoor Music Venue

Red Hat Amphitheater  
Downtown Raleigh  
www.redhatamphiteater.com

*Reader Favorites*

City Plaza  
Koka Booth Amphitheater  
NC Museum of Art  
American Tobacco District  
Walnut Creek



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### Local Neighborhood Bar Café/Hangout

Mitch's Tavern  
Downtown Raleigh >>>

www.mitchstavern.com

Reader Favorites

The Federal  
Havana Deluxe  
Landmark Tavern  
London Bridge Pub  
Lynnwood Grill  
The Player's Retreat  
The Raleigh Times Bar

**Place to Hear Jazz/Blues**

C Grace  
Downtown Raleigh  
www.cgracebar.com

Reader Favorites

Beyu Caffé  
The Big Easy  
Humble Pie  
Irregardless Café  
Papa's Mojo's Roadhouse  
Whisky

**Museum (Science, Art, or History)**

NC Museum of Natural Sciences

Downtown Raleigh  
www.naturalsciences.org

Reader Favorites

Ackland Art Museum  
Contemporary Art Museum  
Museum of Life + Science  
Nasher Museum of Art  
NC History Museum  
NC Museum of Art

**Place to Go Dancing**

Legends Nightclub  
Downtown Raleigh  
www.legends-club.com

TirNaNog  
Napper Tandy's  
Scholars and Saints

**Local Brewery**

Lone Rider  
Raleigh  
www.loneriderbeer.com

Reader Favorites

Aviator Brewing  
Big Boss Brewery  
Carolina Brewing Co.  
Crank Arm Brewing  
Fullsteam Brewery  
White Street Brewing

**Restaurant for a First Date**

Jimmy V's Osteria + Bar  
Raleigh  
www.jimmyvsraleigh.com

Reader Favorites

Bella Monica  
Hayes Barton Café  
Irregardless Café  
Raleigh Times Bar  
Second Empire  
The Rockford  
Top of the Hill

**Place to See Live Comedy**

Goodnight's Comedy Club  
Downtown Raleigh  
www.goodnightscomedy.com

Reader Favorites

Comedy Worx  
DPAC

**Sports Bar**

Tobacco Road Sports Café  
Downtown Raleigh/Durham



Heading to a Canes game is one of the most popular choices for taking out-of-town guests

Neptune's Parlour  
Pinhook  
Slim's Downtown  
Zog's

**GayFriendly Restaurant or Bar**

The Borough  
Downtown Raleigh  
www.theboroughraleigh.com

Reader Favorites

The Bar  
Flex  
Legends  
Pinhook

**Outside Patio/Seating**

Summer  
Raleigh Times Bar  
Downtown Raleigh  
www.raleightimesbar.com

Reader Favorites

Busy Bee  
The Flying Saucer  
Jimmy V's Osteria + Bar  
Mellow Mushroom  
Player's Retreat

Winter  
Jimmy V's Osteria + Bar  
Downtown Raleigh  
www.jimmyvsraleigh.com

Reader Favorites

Busy Bee  
Cornerstone  
Flying Saucer  
Humble Pie  
The Station

**DogFriendly Business**

Raleigh Times Bar  
Downtown Raleigh  
www.raleightimesbar.com

Reader Favorites

Boylan Bridge Brewpub  
Cat Banjo  
Federal  
Flying Saucer  
Lilly's Pizza  
London Bridge Pub  
Player's Retreat  
Tyler's Taproom

**Place for a Girls' Night Out**

Bella Monica  
Raleigh  
www.bellamonica.com

Reader Favorites

Battistella's  
C Grace  
Cala•Vela  
Charlie Goodnight's  
Coglin's Raleigh  
Wine & Design

**Restaurant/Bar for Singles (Under 30)**

Architect Bar  
Downtown Raleigh  
www.architectbar.com

Reader Favorites

Black Flower Bar  
London Bridge Pub  
Neptune's Parlour  
Noir  
Pinhook  
Raleigh Times Bar

**(Over 30)**

Hibernian Pub  
Downtown Raleigh  
www.hibernianpub.com

Reader Favorites

C Grace  
Clockwork  
Havana Deluxe  
Harris Teeter, Cameron Village  
Raleigh Times Bar  
Whisky

**(Over 40)**

Vivace Restaurant  
Raleigh  
www.vivaceraleigh.com

Reader Favorites

Big Easy  
Jimmy V's Osteria + Bar  
Player's Retreat  
Sullivan's Steakhouse

**Place to Entertain Kids**

NC Museum of Natural Sciences  
Downtown Raleigh

www.naturalsciences.org

Reader Favorites

Kidzu Children's Museum  
Marbles Kids Museum  
Morehead Planetarium  
Museum of Life + Science  
Pullen Park  
Scrap Exchange

**Radio Station**

WKNC 88.1  
Raleigh  
www.wknc.org

Reader Favorites

WSHA (NPR) 88.9  
WBBB 96.1  
WRAL 101.5  
WDCG 105.1  
Little Raleigh Radio

**TV Station**

WRAL 5  
Raleigh  
www.wral.com

Reader Favorites

WTVD 11  
Fox 50

**Movie Theater**

IMAX Theater  
Downtown Raleigh  
www.imaxraleigh.org

Reader Favorites

AMC Southpoint  
Mission Valley  
Raleigh Grande  
Regal North Hills

**Theater for an Independent Movie**

Rialto  
Raleigh  
www.therialto.com

Reader Favorites

Carolina Theater  
Colony Theater  
Chelsea Theater

**First Friday, 2nd Friday or Third Friday Venue**

Artspace  
Downtown Raleigh

www.artspacenc.org

Reader Favorites

Carter Building  
CAM  
City Market  
Golden Belt Arts

**Downtown Event**

First Night Raleigh  
Downtown Raleigh  
www.firstnightraleigh.com

Reader Favorites

Artsposure  
International Bluegrass Festival  
Downtown Raleigh Food Truck  
Rodeo  
Hopscotch  
Sparkcon  
St. Patrick's Day Parade

**Charity Event**

SPCA Fur Ball  
Raleigh  
www.spcawake.org/furball

Reader Favorites

Band Together  
Oktoberfest  
SPCA Dog Walk  
St. Baldrick's  
Walk For Hope

**Place to Go Biking/Running**

Triangle Greenways  
www.trianglegreenways.com

Reader Favorites

Downtown Raleigh  
Historic Oakwood  
Lake Crabtree  
Lake Johnson  
Shelley Lake  
Umstead Park

**Place to Take Guests From Out of Town**

Carolina Hurricane's game  
Raleigh  
www.carolinahurricanes.com

Reader Favorites

Angus Barn  
Contemporary Art Museum  
Downtown Raleigh  
DPAC  
Duke Campus/Gardens  
NC Farmers Market  
NC Museum of Natural Sciences  
NC Museum of Art

*A big THANK YOU to everyone who voted (and those who helped us count all the votes!) and congratulations to all of this year's Best of Downtowner Awards winners and Reader Favorites. You're one of the reasons the Triangle is such a great place to live, work and play. Cheers to another year in the annals of awards history and we can't wait to see what surprises are in store for next year. We sincerely thank you all, from the dedicated staff, interns and supporters of Triangle Downtowner Magazine.*



If you're looking for great Italian or the perfect date spot, be sure and check out Bella Monica

Reader Favorites

Architect  
The Hive (Busy Bee)  
Neptune's Parlour  
Pinhook  
Zinda

**Irish Pub**

Hibernian Pub  
Raleigh  
www.hibernianpub.com

Reader Favorites

Bull McCabes

www.tobaccoroadsportscafe.com

Reader Favorites

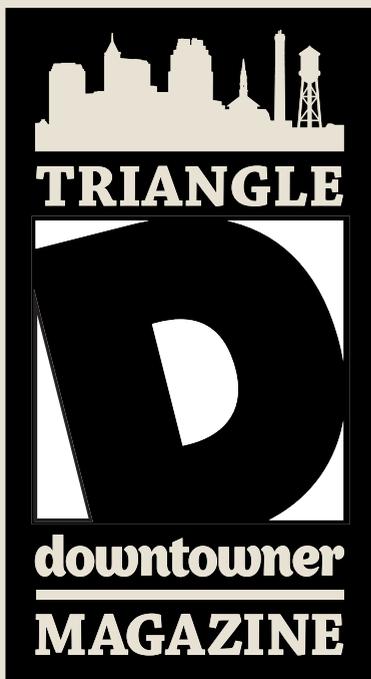
Ba-Da Wings  
Carolina Ale House  
Tyler's Restaurant & Taproom  
Woody's at City Market

**Dive Bar**

Black Flower  
Raleigh  
www.blackflowerbar.com

Reader Favorites

The Goat



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## This Month's Reader Rewards

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- Four \$25 gift cards to **Jimmy V's Osteria + Bar** located in the heart of downtown Raleigh at 420 Fayetteville Street. Enjoy a delicious lunch inside or on downtown's largest outdoor patio. [www.jimmyvsraleigh.com](http://www.jimmyvsraleigh.com)
- Five \$10 gift certificate to **Players's Retreat** located

at 105 Oberlin Avenue. A Raleigh tradition since 1951! Come enjoy a Canes or Wolfpack game, enjoy one of Chef Jean Paul Fontane's specialties or just relax with friends. [www.playersretreat.net](http://www.playersretreat.net)

- Five \$25 gift certificates to **Bella Monica**, one of Raleigh's favorite restaurants and home to the celebrated Chef Corbett Monica. Stop by 3121-103 Edwards Mill Road and you'll find some of the Triangle's best Italian food, cooked to perfection and served in a casual setting. [www.bellamonica.com](http://www.bellamonica.com)
- Five \$25 gift cards to the **Big Easy**. Lunch, dinner and late night menus (til 2am) 7 days a week. Live music and jazz every Monday and Wednesday. [www.bigeasync.com](http://www.bigeasync.com)
- Ten \$15 gift certificates to **NOFO @ the Pig** located at 21014 Fairview Road in Five Points. At NOFO, you'll find an eclectic mix of furniture, gifts, antiques, books, kitchen, toys, and more, plus an award-winning restaurant. [www.nofocom](http://www.nofocom)

We'd like to thank our readers for making the *Downtowner* a huge success. Reader Rewards are our way of saying thanks and also to introduce you to some of our great advertisers. Be sure to sign up to win your share!

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## From the Publisher

This issue of the *Downtowner* is dedicated to our magazine's co-founder and my brother, Randall Gregg.

Born in Greensboro, NC, Randall "Randy" Gregg was a rare sort of person, a serial entrepreneur, a lawyer by schooling, a humble supporter of those who needed help, an accomplished photographer, a passionate journalist and truly a big kid at heart. He founded eight publications over the last 15 years including the Triangle Tech-Journal, Raleigh *Downtowner* (now Triangle *Downtowner*), Guilford Sun, Raleigh Telegram, and was currently at the helm of *The Star*, a community newspaper serving Northwest Guildford County, NC. He also founded one of the first independent online TV



stations in NC, publishing videos and interviews online since 2001.

Randall was an avid boater and relentless adventurer who did things his own way. He visited Haiti as an embedded journalist accompanying the Army after the earthquake and covered Hurricane Irene in Pamlico as it happened. He feared nothing. He was proud to have met four American Presidents and had been interviewed on CNN, Fox and other national news shows several times. He published four books filled with photographs and stories, documenting his many journeys and adventures. His kindness was only surpassed by his sense of humor and he had a way of making everyone around him laugh and smile.

Randall was 44 years old when he passed on April 25, 2014, while enjoying one of his favorite pastimes of riding motorcycles. He is survived by his mother and father, Grace and Stewart Gregg, and brothers Crash and Eric. His funeral was

held in Greensboro on May 3rd and attended by almost 200 people whose friendships he forged and lives he touched. He leaves behind a legacy of journalistic and philanthropic accomplishments and a large group of friends and family around the globe who will miss him dearly. There will be a private wake on May 18th to celebrate his life and share stories. For those who knew Randall and are interested in attending, please email [randall@welovedowntown.com](mailto:randall@welovedowntown.com) for more information.

For those who would like to donate in Randall's honor, a contributing fund for several of his favorite charities has been set up in Randy's name at [www.crowdrise.com/randallgregg](http://www.crowdrise.com/randallgregg).

With much love, your brother

Crash

## Stanbury

BY BRIAN ADORNETTO, FOOD EDITOR | PHOTOS BY CRASH GREGG



*While Stanbury is committed to honoring local seasonal agriculture, you're just as likely to find chipotles, white anchovies, daikon, and fennel on the menu, as you are Anson Mill grits, pork, collards, and field peas.*



In the winter of 2012, college buddies Drew Maykuth and Will Jeffers decided to enter the food truck business. They found a truck and started thinking about names and how they wanted to build it out. They held discussions with several Triangle city governments regarding permits and locations to park their truck. The partners-to-be even decided on a name and concept; the truck would be called “Jane Doe” and serve farm-to-fork comfort food. All those plans were brought to a halt when Will happened to stop by Market Restaurant in downtown Raleigh’s Mordecai neighborhood for brunch with friends one morning. Will had heard that the future of the space might be in flux and discreetly asked if what he had heard was true. The server sent Market’s chef/owner Chad McIntyre to speak with Will, who confirmed the rumors with a sly question: “Why? Do you want to buy the place?” The Stanbury seed was planted.

While that was Will’s light bulb moment, he now admits, “I’d actually never even spent a minute thinking about running a restaurant before that.”

Will immediately called Maykuth, who was still cooking at The Admiral in Asheville. Since this was the first time they had ever broached the subject of buying a restaurant (and neither had

any practice operating one), the duo knew they would need help—financially and otherwise. So they called Will’s brother, Joseph, who was living in Wilmington working as a metalsmith. After hearing their pitch, without any hesitation Joseph said, “I’ll give my two weeks’ notice tomorrow.” Within a few hours, they reached a verbal agreement with McIntyre and the property owner, and the next day, they signed the lease. A few weeks later, the space was theirs. While still working in Wilmington, Joe happened to run across an old street sign among some scrap metal and knew the street name was meant to be: Stanbury.



The entrepreneurs immediately began planning Stanbury and renovating the space (Will’s background was in construction and complimented Joseph’s in metalwork. Joseph was also the one responsible for decorating the restaurant,



Some of the talented crew from Stanbury

and always had a “propensity for being creative,” according to Will). Throughout the refurbishing, Andrew Shepherd, a regular at Escàzu Chocolates, which shares the duplex building with Stanbury, would poke his head in to check out the progress. As the summer pressed on, Andrew, a professionally trained chef and former co-owner of Foundation, grew impressed and increasingly anxious to cook again. Since they were already searching someone with experience to help with the bar concept and work in the kitchen, after a few conversations, Shepherd became a partner and the trio turned into a quartet.

In the weeks that followed, Will and Joseph, Raleigh natives and graduates of Broughton High

School, hired the dining room staff. To solidify Stanbury’s food and beverage team, Shepherd brought in Justin Murphy, also formerly of Foundation (and arguably one of the best bartenders in downtown Raleigh), to manage the bar.

To capitalize on the freshest ingredients, the food offerings change daily—so don’t get too overly fond of any particular dish. The petite menu consists mostly of “Small Plates” with only five or six “Large Plates” (entrees) offered. While Stanbury is committed to honoring local seasonal agriculture, you’re just as likely to find chipotles, white anchovies, daikon, and fennel on the menu, as you are Anson Mill grits, pork, collards, and field peas.

A few “Small Plate” examples of this dichotomy are the NC Swordfish Crudo (\$9) and Fried Oysters (\$12). Though it would have benefitted from another pinch of salt, the meaty local fish was earthy, fiery and bright thanks to the accompaniment of edamame puree, crisp jalapeno and radish, and diced orange segments. The crunchy but tender North Carolina oysters surrounded a mound of cucumber, daikon, carrot, and cilantro. To balance the cool refreshing salad and coppery, salty sweetness of the oysters, the chefs added a streak of sriracha mayonnaise, bringing a delightful soupçon of heat.

Highlighting the kitchen’s creativity and understanding of flavors are the “Small Plate” Crispy Pig Head (\$12)—which already has a cult following—and Steak Tartare (\$13), which deserves one of its own. For the “pig head,” slow cooked pork jowl is chopped, tossed with eastern style barbeque sauce, shaped into a patty, breaded, and fried. The patty is placed over Boston Baked Beans-Style Sea Island Peas, topped with a sous vide (vacuum packed and poached) egg, and garnished with arugula and a drizzle of mustard cream. This dish has it all—snap and tenderness, tang and pepper, smoke and richness, comfort and elegance. Stanbury’s unique tartare is tossed with nuoc cham (a slightly spicy and citrusy Vietnamese dipping sauce), giving >>>



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Dress: Relaxed casual

Noise Level: Energetic

Wine List: Global and accessibly priced

Features: Some vegetarian and gluten-free options, no TVs anywhere, bar dining, patio dining, take-out, credit cards accepted

Reservations: Recommended

Parking: Small lot in front and on the street

The Lowdown: Stanbury fills up quickly. They're known to have over an hour wait and be two deep at the bar on weeknights. So, if you don't want to wait, call ahead. For weekends, that could mean a week or more in advance.



it an almost ceviche-like chew and brightness, while toasted nuts and fried shallots contribute a pleasant crunch. If you tend to avoid tartare due to its mouth feel, try this one while you can; the texture is amazing and the flavors are bold.

The North Carolina Striped Bass (\$26) and Pork Chop Milanese (\$24)—both “Large Plates”—certainly live up to their label. Seared to a beautiful caramel brown, schmearred with a fragrant garlic-rosemary pesto and drizzled with radish vinaigrette, the striped bass is earthy, sweet and sharp. The melt-in-your-mouth fish, served with Carolina Gold rice and spring peas, is a chef-d'oeuvre. Golden fried and tender, the enormous cutlet-like pork chop is topped with a refreshing, guacamole-like avocado-cucumber salad. The unconventional combination is interesting, big enough to share and quite tasty.

With a thin pastry crust, half an inch of chocolate and crown of rose-flavored marshmallow fluff, the bruléed Escazu Chocolate Tart (\$8) disappointed, as the award-winning chocolate was lost in the heavy rose flavor. The Tres Leches (\$8) with strawberry-cava sorbet, however, was flawless.



This lovely moist cake—topped with fresh strawberries, a chiffonade of basil and chopped nuts—is not to be missed. It was sweet and milky with notes of vanilla, hints of berry sourness and, thanks to the basil, a touch of pepper and mint.

The partners have created an atmosphere (and found a staff) that is caring, thoughtful and keenly accommodating. And despite early success and accolades, the restaurant and staff remain grounded and acutely humble. They even present guest checks in old-fashioned, spiral-bound community cookbooks; underscoring the fact that Stanbury's entire focus is on connecting with great company and sharing local experiences via good, honest food. As Maykuth puts it, “We are not trying to reinvent the wheel. We follow the seasons. We respect the product our farmers and purveyors supply us with, and we do our best not to screw it up by over complicating it.” I'll eat to that! 🍴

*Brian is a food writer, culinary instructor and chef. His business, Love at First Bite, specializes in private cooking classes and intimate dinners. For more information, please visit [www.loveatfirstbite.net](http://www.loveatfirstbite.net). Contact Brian at [brian@welovedowntown.com](mailto:brian@welovedowntown.com).*

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# 1 QUESTIONS

with **Harvey A. Schmitt, President and CEO of the Greater Raleigh Chamber of Commerce**

BY CRASH GREGG

**H**arvey took an aptitude test as part of a job interview when he was 23 and, “It said the best two jobs for me were as an undertaker or a Chamber executive, so I chose the latter,” he explains. Schmitt, who grew up on a farm in Iowa, found himself serving on a Chamber of Commerce almost immediately after graduating from Loras College in Dubuque, IA. After ten years in Dubuque, he spent two-and-a-half years in Jacksonville, FL, six in SC, and another three in Tampa, FL. His longest stint at a chamber has luckily been here in Raleigh, where Schmitt has been for the last 21 years with his wife Pam. His daughter Sarah also lives in Raleigh. His other daughter Katie lives in Stafford, VA with her husband Josh and their three children Ari, Ivy Rose and Reeni.



**1 In your opinion, what are a few of the reasons for the phenomenal growth in our area these past few years?** Well, I’d say the fact that we have such a talented work force, which is important for business recruiting. I think the Chamber has done a great job of marketing both the community and the region. The downtown area has completely reinvented itself and become an attractive magnet for people and companies. As a community, we managed to find a way to continue our growth, but scale ourselves to accommodate that growth. This area has all of the amenities of a big market with very little of the downside, at a very affordable price.

**2 How would you describe Raleigh—and the Triangle—to someone who’s never been here?** That’s one of the biggest challenges we have because Raleigh doesn’t really try to be somebody else. It’s hard to give it an identity by saying, “It’s a lot like \_\_\_\_.” It’s unique and in a very good way. I think there’s a low-barrier to entry if you come from the outside. If you’re looking for a good place to grow roots, you’ll find Raleigh and the Triangle are communities in which you can actually be involved. We’re not the glitziest place in America, but boy, I tell you the quality is hard to beat at the price.

**3 I agree. Tell us what part of your job do you enjoy the most?** I’ve been in this business for 42 years, so the diversity of activity is like

getting dealt a new hand of cards every morning. Somebody once asked me what a typical day was like, and I said, “It usually starts at 5:30am and it ends around 10pm, and that’s the only thing typical about it.” What I do changes every day, and it’s great to be here in this dynamic market because I get to be a part of the energy and where the action is.

**4 What would you like to see change over the next five years with regard to local amenities, city planning, etc.?** The community needs to continue to evolve and one of the biggest challenges we have is that as we evolve, we don’t lose the strong sense of community and the connectivity. I’d like to see our transportation issues addressed. I’d love to see another Stanley Cup here in the next five years. An expansion of the convention center should be something we look at eventually. I’m anxious to see how the new downtown Raleigh plan comes out because there are going to be some great new ideas. We’re at the point now where the new market has absorbed all of the new things that we’ve picked up over the last few years, and it’s time to think about the future again.

**5 If not for your current career, what do you think you might be doing?** Well, that’s difficult to say. I’ve been doing this for a long time, and I truly enjoy it. I guess if I could pick anything, playing center field for the Los Angeles Dodgers

would be high on my list or playing on a hockey team. In terms of other careers, I really think I’ve been very fortunate and blessed at finding something at which I was particularly well suited. I can’t really imagine doing anything else.

**6 What would be on the plate of your favorite meal?** Some element of meat—I have a fondness for steak and pork. I’ve also become an aficionado, or at least a fan, of barbeque, having spent a lot of time with different barbeques over my career.

**7 What activities do you enjoy in your downtime?** There’s not much downtime, but when there is, it’s spent with family, which is a big part of my life. I have three grandchildren, so that’s a big deal. And I like to play golf. I’m a huge hockey fan and love going to Carolina Hurricanes games.

**8 What’s your preference for a quick message; phone, email or text?** Pretty much always email. I’ll send a little text now and then, but I’m married to email.

**9 What’s your favorite style of music? Do you have any favorite bands or musicians?** I have very eclectic tastes. I like rock and I’ve really grown to appreciate bluegrass as a result of the festival last year. I’m a fan of Tom Petty, and I like Mumford and Sons a lot. Macklemore and Lewis are fun. I try to keep up with the current music while staying true to some of the classics. Oh and I really like Pharrel Williams’ Happy.

**10 Any interesting facts that most people might not know about you?** Well, I’ve had some interesting assignments in my career. Once I had to play Felix the Cat at a shopping center. It was after I graduated from college before I found my way to the Chamber.

I’d like to add that I appreciate you and the role *The Downtowner* plays in our market. You’ve done a great job capturing many of the flavors that are emerging not only downtown, but also across the region. As the market continues to grow it will become more eclectic, and you’ll have a great opportunity to share that with the rest of the community. 🍷

# Around Town in the Triangle

▼ Photos below are of our co-founder Randall Gregg who passed away in April. We'll miss you dearly brother. (Please see page 9 for more info on Randall) ▼



Interviewing Anderson Cooper



Some of the characters for his photography book on Ireland



Why does this look like President Clinton is photobombing Randy's photo?



Visiting with Dan Akroyd



In Haiti as an embedded journalist with the Army after the earthquake to help bring to light the story of a country's need



Covering the Obama inauguration in DC



Shooting photos at a Wolfpack game



St. Patrick's in downtown



Writing about Quebec

▼ Photos below are from the 34th annual Meet in the Street Festival held in historic downtown Wake Forest ▼



# Around Town in the Triangle

Photos below are from the Beginnings Gala fundraiser for parents of children who are deaf or hard of hearing • [www.ncbegin.org](http://www.ncbegin.org)



Brad and Carole Wilson with Beginnings Ambassadors



Jim Johnson, Mary Dillon, Brad Wilson, Carole Wilson, Lekita Essa, Sarah Poole



Kellie Falk and Joe Patterson



Amadeus playing piano for the Gala guests



Ladies from Diamonds Direct



Karla Appleby



Lekita Essa, Sarah Poole, Kristin Cooper, Roy Cooper, Anna Smith, G & Julie Patel



ABC11's Fred Shropshire, Chris Hohmann & Anna Laurel



Mike Dave and Will at Havana Deluxe



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Mayor Bill Bell with BCBSNC official supporting Bull City PlayStreets (photo from DPH)



Kids Day at Durham Food Bank of CENC



Red and white at the NCSU alumni game. Go Pack!

# PIE PUSHERS

BY HANNAH MURPHY



Larry's Coffee is proud to sponsor this column because we believe in locally grown entrepreneurs, hard work and tasty things that arrive in trucks! (like Larry's Coffee :) [www.larryscoffee.com](http://www.larryscoffee.com)



At the Pie Pushers pizza truck, the smell of freshly-made dough baking under a pile of delicious fresh sauce and mouth-watering ingredients makes it literally impossible to not get in line and order a slice (or a whole pie). The Durham-based food truck has been making amazing, fresh-baked pizza for the past three years here in the heart of North Carolina, and serving up these great eats for the Triangle is what Mike Hacker and Becky Cascio do best.

Becky Cascio moved here from Wisconsin and received her Master's degree in international

business, but she grew up appreciating small businesses because of her grandfather's small music store. As for Mike, he grew up in Alabama and Tennessee, and went to culinary school in Seattle. These two friends met in North Carolina through our great local music scene; Mike came to North Carolina to join local band, Future Kings of Nowhere, as a drummer, and Becky was friends with some of its members.

They both chose pizza as the base of the business because of two reasons: one, it was something fun that Mike could play with in terms of ingredients, tastes and textures, and two, making pizza goes back to when Mike was a child, helping his mother make



Mike Hacker and Becky Cascio of Pie Pushers



homemade pizza dough. Becky and Mike see pizza as an interesting artistic medium and using seasonal produce is just another way to showcase Mike's skills as a chef. The food truck just made sense while also being a faster, easier way for their business to get started than a typical brick and mortar restaurant; plus, it gave the pair a chance to get involved in the local community. One of Mike and Becky's favorite things to do is assist with fundraisers; being able to give back is high on their priority list.

Mike's endless ideas for creatively integrating fresh, locally-grown produce into his pizzas create



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an always changing, always interesting menu. Mike usually tries out different pizzas at least a couple times a month, but if he's got a freer schedule he might play around with something more outside the [pizza] box. His inspirations stem from cookbooks, family recipes, and his imagination, and they both love to walk through the local Farmers Market to search for something new, with inspirations from seasonal produce, as seen with the latest creation, and surprisingly popular,

The Pie Pusher pizza oven was dubbed Marcella, after Becky's grandmother. Without her, Pie Pushers wouldn't be the same. Production would halt to a snail's pace. She can go as high as 650 degrees, and with her two decks she can handle as much as eight different 16" pies. When she's primed and ready, pies can come out in as little as 6-8 minutes.

Pie Pushers is—most importantly for those of you eating lunch on a dime—very affordable. A slice of cheese or pepperoni is only \$3, specialty slices are \$4-5, and during the cooler months, Pie Pushers offers a pie with a much thicker crust for \$6 a slice. Their slices are decently huge too! Prices may vary for their

specialty pizza, but nothing more than a dollar or two more than usual. It depends on what produce is seasonal, but it's because the guys at Pie Pushers want to offer their customers a treat, such as their chicken curry pizza with green curry sauce, grilled chicken, broccoli, roasted potatoes, carrots, and mozzarella. When tomatoes are back in season, customers can expect Barb's Margherita with pesto, local tomatoes, goat cheese and mozzarella. If you're wondering, Barb is Mike's mom. Another specialty is the Beetza, a pizza



topped with locally grown beets and spinach. Even though this unconventional topping might deter some, frequent customers know that if Mike makes it, it's going to be good.

"Fans who visit the truck have come to trust our new concoctions," says Becky.

They also carry garlic knots for \$1, garden salads (\$4), chicken wings (6) with a side sauce (\$5), and the Pocket (\$6), which is basically a calzone.



Pie Pushers can be found mostly in Durham: Fullsteam Brewery every Wednesday night, most Saturday mornings at the Hunt St Market across from the Durham Farmers Market and every third Wednesday at Measurement, Inc. for lunch. They've even

started doing brunch at Cocoa Cinnamon on Sundays at 11am to 4pm as often as they can attend. You find biscuits, pizza pie, brunch pockets with a cup of coffee, iced tea, or a chilled glass of rosé. They'll definitely be there May 11<sup>th</sup> so stop by and say hello.

With their three-year anniversary taking place this past April 1 (no joke), some wonder if a permanent location is in the works. They told us that even though they're actively looking for restaurant investors, they'll



always keep the food truck on the road. Both agree that they enjoy community involvement too much to stop running the food truck. To find the Pie Pushers truck and taste one of Mike's latest creations, just visit [www.PiePushers.com/our-regular-schedule](http://www.PiePushers.com/our-regular-schedule) give them a call on the truck, 919.901.0743 or follow them on Twitter, @piepushers.

Hannah can be reached for comment at [hannah@welovedowntown.com](mailto:hannah@welovedowntown.com).

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# PARIS ALEXANDER

BY MAX HALPEREN, ART EDITOR

In his studio, sculptor Paris Alexander seems quiet and soft-spoken when surrounded by the usual First Friday crowd, but when talking with me about the classes he taught to the blind, his face lit with smiles, his hands moved swiftly, and the entire room seemed animated.

His sculpture reveals an imagination reaching far beyond the studio. Witness his “Death Puppet for John Donne,” a meditation on the great English poet whose late sonnets fought with death. Bits and pieces of white stone-ware create the puppet’s head, hands and feet; between them, body, arms and legs are formed of bound twigs, pieces of wood, and tar. Donne is, after all, immersed in the earth; the puppet is an epitaph, and into it, Paris has tucked two more epitaphs—reminders of two friends.



Nearby, Paris has mounted a glittering, rather willowy, limestone nude. But, as he often does, making up his mind as his chisel moves, he cut parallel wedges along the entire surface of the figure, leaving the banded “skin” unpolished. When it was done, Paris dubbed it “Nemesis.” (Lest we assume that misogyny reigns in Paris’ heart, he has also produced a polished marble torso labeled “Victory” and another emerging between two blocks of stone labeled “Aurora.”)

Paris’s latest work, entered in Artspace’s “New Works” show, is one of a series of “Portals.” “Portal 8 Bound” looks like a dare he made with himself. Out of a single rectangular slab of limestone, Paris carved not only the interior rectangular space, but, without a break in the stone, cut thick strands laced across and binding the portal. Another



*Christ Pantokrator carved Limestone insitu on the Historic Chapel of the Cross in Chapel Hill*

monumental rectangular slab, “Jacob’s Ladder,” stands outside the Duke University School of Law.

For commissions, Paris often spends days examining his sites for proper placement, size and emphasis. For three separate WakeMed Hospital pieces, he fashioned three different versions of his of his “Healing Hands.” For the Cary hospital, he created a large limestone rondel, hands reaching to the center. For Raleigh, three delicately arranged

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hands are nestled in each other, the largest, of course, on the outside, a smaller within, and a very small one poignantly set at the bottom. A third, massive but simpler, version—two hands reaching upward—stands in front of WakeMed Apex.

Much sought after as a teacher in Raleigh and around the state, Paris has provided a way to have sightless youngsters meet and imprint stone at the Morehead School for the Blind, where he runs

summer classes gratis. In Cary he created workshops for people with mental disabilities. He is particularly proud of these successes and speaks fondly and with some amazement at what such impaired young people can do, and what their families must do to support them. “They are humbling,” he admits. “It’s kind of hard to complain when you have all your faculties.”

Paris has left his mark everywhere in the state, both with his own work and that of his students, who may be spurred by the new sight of old masterpieces. At the



The intricate Portal 8 Bound is carved from a single block of limestone

North Carolina Art Museum, the massive Rodin exhibition of some time back and the more recent show of medieval religious alabaster were enticing touchstones for his students.

The romantic in him married Sarah 12 years ago outdoors in the sun-splashed greenery of Chapel Hill’s Coker Arboretum. The practical side of him carved a tympanum and Irish cross for the nearby Episcopal Church. His enormous propensity for friendship revealed itself when he and Sarah put up a fellow artist for some nights when a storm drove a tree into his house.

Paris seems to change direction whenever he picks up his chisel, often letting the chisel decide his next move. Born in Staten Island, New York, in 1962, he had a painful childhood (some of it in an orphan asylum), but found solace early on in drawing and carving (with a butter knife). Along the line he managed a pet shop and in 1984, he arrived at Duke University as a research specialist.



But his artistic doppelganger emerged again when he rented an old garage as his studio, sold a few pieces and successfully entered a few competitions. In 1995, he was ready to move on, was juried into Artspace, and became the professional artist he is now, at times he shares his time and studio space with his nine and a half year old daughter Phoebe and three and a half year son Odin.

Stop by and visit Max at Artspace in downtown Raleigh in studio 208. He can be reached for comment at [max@welovedowntown.com](mailto:max@welovedowntown.com).

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## Bookstore Veteran Opens Letters in Downtown Durham

BY ALLAN MAURER

Several months ago during a business trip to downtown Durham, I noticed that many previously vacant store fronts had been filled by retail tenants, one of which is Letters Bookshop.

In the past, downtown Durham hasn't been a mecca for retail foot traffic, and independent bookstores have had something of a rough time of it in recent years, battling competition from big box superstores and online sellers such as Amazon.

Land Arnold, 36, says that's old news. Land recently opened his bookstore Letters in the revitalized downtown Durham at 313 West Main St after falling in love with the area's art deco store fronts. As he explains, "Independent bookstores have been doing better, with more opening than closing lately." "2013 was a banner year for indies. Signs are more hopeful than what we've seen talked about in the media," he continues.

Now with the American Underground at Main, a start-up incubator that's home to dozens of fledgling companies and entrepreneurs, a handful of unique retail stores, a planned hotel/museum, and more in the works, Durham has an active and lively Main Street again.



Letters founder Land Arnold

Land has been involved in the bookstore business since 2003, when he started an online bookstore in Austin, TX, and has worked with many of the Triangle area's iconic bookshops.



"In 2007, I moved back to North Carolina, my home state, and began working at McIntyre's Books in Fearington Village," he says. "In 2009, I was one of the founders of Flyleaf Books in Chapel Hill, where I remained an owner until mid-summer of 2013. For about six months after that I moonlighted at Quail Ridge Books in Raleigh. Earlier that January, I had fallen in love with downtown Durham, very specifically the old pharmacy tile floor that now houses Suntrust."

He adds, "The Triangle is one of the best places in the nation for bookstores. I couldn't pick a favorite. I learned from all of them."

Land grew up in Chapel Hill and attended college at St. John's in Maryland before finishing at UNC-Greensboro with a degree in classical literature. "I was always a bookstore hound, and Chapel Hill offered a number of second hand stores to explore. Land contemplated grad school, but then started selling books online.

"I've always loved books and collected them," he says. "I visit every book store I can and at some point, I decided this [selling books] is my line of work."

Margins in the business are not high, but they're a bit better for the secondhand trade paperbacks that make up most of Letters' stock and sell for about half price. Customers can trade in books of their own that he accepts for about one-third of the cover price for store credit. He also has a table of new fiction and non-fiction, but that's a small part of the stock.

"It's not a business you go into if you're thinking about a spreadsheet," he says.

He's added a technology angle: all of his stock is listed at [www.lettersbookshop.com](http://www.lettersbookshop.com), which is updated every 20 minutes to reflect what's in the store.

So far, business has been better than expected, with a significant amount of walk-in traffic. "The majority of the traffic is people coming in for the first time," he says. "They'll be walking by and jerk back when they see it's a bookstore. Foot traffic seems to be increasing every month."

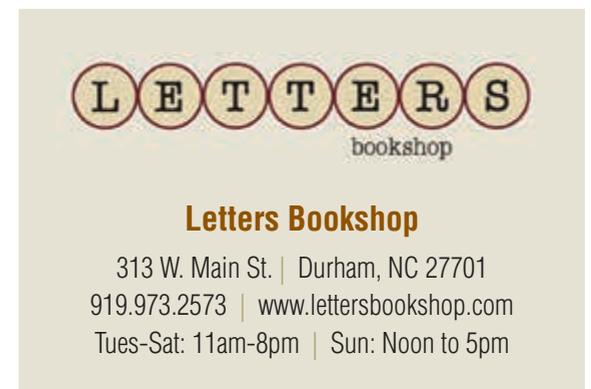
The customer base is diverse and includes a lot of students from Duke and Central, longtime residents and transplants, and a lot of young families. "They are younger than has been my experience at other bookstores, but they all like to read—and a lot like to eat at nearby Dame's Chicken and Waffles. I thankfully get a lot of people in who are waiting for tables."

People are coming in from local neighborhoods, not just downtown, he notes. "People walk here from West Village and Trinity Park. It's on their radar and they can easily walk here for retail." One of his best periods so far was over the week of the Full Frame Documentary Film Festival in early April.

One couple told him they usually rent a car when they come to Durham for Full Frame but didn't this year because they found everything they wanted—including a book store—in downtown Durham.

What does Land read?

"I tend to read mostly fiction, though I've been sneaking in books about local economy and polemics about big box stores. Recently, both *The Son* by Philip Meyer and *The Good Lord Bird* by James McBride blew me away. In non-fiction, I'm in the middle of *Walkable City: How Downtown Can Save America, One Step at a Time* and really enjoyed *Detroit: An American Autopsy*."



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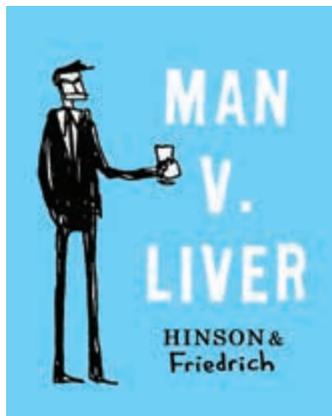
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# MAN V. LIVER

An interview with co-authors Paul Friedrich and Neil Hinson

BY CRASH GREGG

Paul Friedrich and Neil Hinson's collaborative project, *Man v. Liver* (MvL), began on a bar napkin. What at the time seemed like a funny, booze-infused reflection has become a nationwide best-selling sensation that's led to multiple licensing deals. The two discuss where MvL came from, where it's going



and their milestone party at Deco Raleigh for First Friday on May 2, 2014 from 6-9pm.

We met, of course, over beer.

NEIL HINSON (NH): Paul, remind me, how'd we meet?

PAUL FRIEDRICH (PF): I pulled you from a burning building.

NH: That was kind of presumptuous. Maybe I liked it in there.

PF: The other story I've heard is a creative heavy-hitter in town said we should work together, combining your writing and my cartoons. We spent an afternoon enjoying cold drinks and batting around ideas for comics, but had no good ones.

NH: Yeah, Man V. Pancreas went nowhere.

PF: Man V. Spleen didn't make it to the track, before we concluded that the Liver was bigger than the Pancreas and Spleen together. The Liver's the star of those three. That's the Man V. Liver origin story. Every comic has to have one.

NH: See, that's what I confused me at first.

To me a 'comic' is a stand-up comedian, but you cartoonists call yourselves that.

PF: Have you gotten over that?

NH: Yeah, but it totally made my first comic convention a disappointment. I spent all my time at the hotel pool drinking, waiting for people

dressed like Princess Leia or Drago to tell me jokes.

PF: You drink a lot when you're confused.

NH: It's a chicken/egg thing. I recall the idea of MvL started as most great ideas do—at a bar, when you drew an image of a man drinking on a napkin with the words of wisdom I said. Then the waitress loved it and stole it.

PF: She traded us drinks for it and we let her keep it and made more for the other waitresses. There's MvL's origin story.

NH: No spider or bat powers. Sad. But with great responsibility comes great free drinks, and thus our cartoon boozier was born. Now look how far he's come...

PF: Wearing the same suit.

NH: From that inspiration we self-published a collection of MvL witticisms, filled the suitcase full of copies and took it west for the San Diego Comic Convention, the largest pop culture convention in America.

PF: *Man v. Liver* got immediate interest

from publishers there. We chose Andrews-McMeel Universal because...

NH: ...because they do *Peanuts*, *Far Side*, *Calvin & Hobbes*, and *Garfield*. I thought lunch in their cafeteria—with that crowd—would be awesome.

PF: Especially for Garfield's Lasagna Day.

NH: Speaking of food, what's been your favorite meal on our book tour so far? This is one of the questions people on the internet apparently want to know.

PF: No doubt, Arthur Bryant's BBQ in Kansas City.

NH: It's not 'BBQ' as we in NC know it, but it's so good.

PF: Their Whole Slab Pork Ribs is a great memory. Worth writing another book about. Back on topic...our book is perfectly square, and hardback, it makes a great gift...

NH: ...and a great drink tray. Trust me.

PF: Bookstores tell us our book sales spike at every holiday. We were in the top 2 percent of sales on Amazon at Christmas.

NH: Valentine's Day, too. Which I can't explain, but now I'm curious to see what happens on Arbor Day.

PF: But before that, we're having a huge, fun MvL party at Deco on Hargett Street. It's conveniently on May's First Friday. You can RSVP on Facebook (<http://bitly.com/decomanviver>) or just stop by.

NH: For the exclusive North Carolina debut of our T-shirts!

PF: And we'll be there signing books,

shirts and coasters. We'll sign your cats, too, if you want to bring 'em.

NH: Who gets a shirt signed?

PF: So far, our fans.

NH: Whatever you say. MvL book sales are taking off internationally, too, apparently. Our editor says that we're doing well in Peoria, which just sounds like a beautiful country.

PF: You were dipped in confusion as a baby.



Friedrich and Hinson enjoy pitting man against liver

NH: It's been a ride, though, right? A licensing agency in LA, a publisher in Kansas City, a T-Shirt partner in Oregon, TV show in development in New York, fans in England, Romania, Portugal, Italy, Australia, and Peoria.

PF: Everyone has a drinking story.

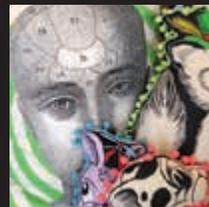
NH: Yes! Tell us your drinking story, and we'll tell you our worst one. It involves ignoring Johnny Depp. 🍷

Pick up your copy of *Man v. Liver* on Amazon.com: <http://bitly.com/manviver> | For witty witticisms, follow them on [Twitter@manviver](https://twitter.com/manviver).

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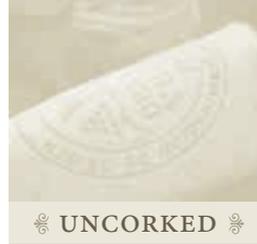
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# Cracking Rosé

BY SEAN ROUCH



Warm weather, opening day at a baseball game, Crepe Myrtles in bloom, and a pink wine perfectly suited for this moment. These things mean spring is finally here. Sales of rosé have increased dramatically both domestically and abroad over the past eight years. There remain, however, the skeptics who primarily associate rosé wines with the low quality sweet wine cooler. White Zinfandel enjoyed a boom in the 80s and 90s when Americans clamored for a fruity, slightly sweet alternative to traditional dry red and white wines. But the American palate has changed, and an association between a wine's perceived dryness and quality now rules the marketplace. White Zinfandel still offers a value to consumers who enjoy the sweet fruity sipping wine, free from tannin and low in alcohol.

Sales continue to support this segment of the market and those who appreciate the wine for what it is.

However, there is also an old ex-pat rosé on the scene today. Its style comes from the sunny South of France, and brings with it the old world tradition evoking feelings of lapping up the sunshine in St. Tropez. This rosé reaches its apogee in the form of the Provençal rosé. It has been described as sunset in a glass, paradisiacal and a litany of other effusive accolades. This rosé differs from the White Zinfandel in that it is bone dry, slightly fruity and a touch mineralic. It's made with red grapes that are treated essentially as white grapes. The pinkish color is rendered through a brief contact with the red skin of the grapes after crushing. Provence is both the spiritual home as well as the benchmark by which the dry rosé of the world is measured. Recently rosé sales in France surpassed white wine for the first time and have continued trending upward. However, many terrific rosés have been coming from regions outside of France. Spain, Italy, Germany, and the States

are producing excellent and often value-oriented rosé. The very best can be sublime, a small few are best suited for your sangria pitcher, but the majority are inexpensive, cheerful, wonderfully refreshing, and made for quaffing. What's more, they offer endless options for food pairings. Don't know what to bring to a dinner party? Champagne and rosé pair well with everything.

With this in mind, here are a handful of high-quality producers to look for this summer. Happy drinking!

**Ametzoi Rubentis Txokolina, Spain, 2013.** This Basque country rosé uses indigenous varietals to create a deeply pink wine that is slightly effervescent and loaded with lime, fresh flower and strawberry notes. This is a perfect wine for a picnic. Enjoy ice cold. ~\$18

**County Line Rosé of Pinot Noir, Anderson Valley, California, 2013.** Made from cool climate Mendocino Pinot Noir fruit, this pale salmon



Local model and entrepreneur Jasmine Yakira tries one of the Rosés at Jimmy V's Osteria in downtown Raleigh

colored rosé is a delicate combination of tangerines, strawberries, pears, and a minerality unusual for New World rosé. ~\$20

**Tegernseerhof, Mittelbach Zweigelt Rosé, Wachau, Austria, 2013.** This Austrian offering made from the grape Zweigelt is terrifically drinkable with hints of ripe melons, cherries and currants. It's crisp and refreshing; a perfect wine to stock up on for the summer. ~\$12

**Chateau d'Esclans, Rosé, Côte du Provence, France, 2013.** From the producer of the highly successful Whispering Angel Rosé, Chateau d'Esclans represents something of a middle tier in the d'Esclans collection. Grown in the idyllic land between Cannes and St. Tropez, this Grenache and Rolle based rosé is a pale coral in color and classic in every sense with notes of ripe pears, cherries, lime zest, almonds, and spices. It's a great wine for a special summer dinner. ~\$30

Sean is the Wine Director and Sommelier for [ONE] restaurant in Chapel Hill. He can be contacted by email at SeanR@one-restaurant.com.



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# HIGH LINE BOUTIQUE

BY JILL KNAPP



**A**venture out to North Hills Mall in the midtown area of Raleigh feels like you've been transported to a different city entirely, made up of great restaurants, perfectly manicured walkways, and fabulous retail shops. If clothes are your passion, one shop in particular that you will want to check out is High Line Boutique located on Lassiter and North Hills Avenue. This adorable clothing store is named after Manhattan's High Line Park, which stretches from the Meatpacking District all the way through Chelsea. The walls are

painted a fresh, spring green and lined with photos of flowers, trees, and other foliage. The clothes are bright, fun and preppy. It's a great place to shop when the weather is nice, or if you just want to feel like you're walking around a park while shopping. Unlike many boutiques, High Line's floor is stocked with both women's and men's clothes. The store's clothes are perfect for classic, well-dressed guys and girls.

Jesse Jenkins, the owner, doesn't care for big department store fashions—though he admits to browsing Belk on occasion. "I tend to shop for more preppy fashions," he says. This insight helps him weave out his own niche in fashion. Jesse touts the brand Southern Tide, "they offer great, Southern, preppy look." Getting ready for Spring, Highline already offers lightweight, light blue pants by Southern Tide. For women, Highline features "great new prints by Tracy Negoshian, Just Madras, and Darling." Jesse is especially excited about a crab print dress that's been selling well this spring. Gearing up for summer, shorts, swim trunks, and seersucker, sleeveless dresses are already available. High Line customers can also find Joe's Jeans, Paige, Penguin, Skipper Skipper and American brands Carolina Pines, Oak City, Whispering Willow, and Iris Mitchell Designs.

Jesse emphasizes finding local, made in the USA brands, but his priority is finding pieces that fit his store. He tries to throw in something different occasionally such as ruffles or beading. He primarily gets his clothes from designers in Atlanta and to a lesser extent, Los Angeles. Lately designers have been contacting him directly to have their designs featured in his store.

Highline won't break your budget either. Trendy and fresh, dresses start at \$99 and cap out at around \$150, and pants for women begin at \$75. T-shirts for both men and women start at just \$30 with men's polos beginning at \$69 and men's dress shirts at around \$80.

Jesse Jenkins previously worked in the corporate world as a Regional Sales Manager for a furniture company as well as stints at Gap and Express. Jesse, who had always wanted to open his own store, picked out the details before even owning



the shop. He knew what he wanted, and he got it when Highline opened February of last year. 📸

Jill can be reached at [jill@welovedowntown.com](mailto:jill@welovedowntown.com).

## High Line Boutique



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## Local Gallery News BY MAX HALPEREN, ART EDITOR

**E**stampas de la Raza/Prints for the People at the North Carolina Museum of Art is a show for all seasons: the enormous variety of work by Mexican-American and Latino artists is bold, colorful, savage, satiric, beautiful, and mysterious.

The 61 screen prints and lithographs are divided into five categories: Identity; Struggle; Tradition, Culture, Memory; Iconic; and Other Voices. The list scarcely indicates what lies within each. The first print in Identity is Lawrence Colacion's *Veteran*, a heroic image of a muscular self-assured man. Among the last is a twisted, violent head by Alex Rubio, titled *El Diablito*, which like Dante's Satan, is chewing lost souls.



Raúl Colón, *Cover Art*, 2003, from *Rise the Moon* (Dial, 2003), watercolor and colored pencil on paper, 19 x 22 in.

Struggle is characterized by the constant search for a better life mirrored in Carlos Francisco Jackson's *Braceros Departing Mexico City for California*. The bright red train they lean on as they grasp the hands of those left behind suggests their hopes. Oddly, it takes a comic strip to force a confrontation with the dangers faced by some Mexican immigrants. The terror in Michael Menchaca's tiny comic cats attempting to swim the Rio Grande, many already drowning, does, of course, require an act of the imagination to connect with them.

Che Guavera and Frida Kahlo are obvious Mexican and Latin icons, but icons are, of course,

imaginary and ideological, never quite human. This point is made clearly enough with a poster of the actress performing Kahlo in the film. We all know the iconic Mickey Mouse, but Artemio Rodriguez's *Mickey Muerta* portrays a skeletal Mickey clad in cowboy boots, and still attempting to shoot in death.

The most surprising—and jolting—image is Jaime Zacharias' *Purgatory Mary* that finds its way toward the end of the show in Other Voices. The figure, surrounded by clusters of blue snakes, topped by a cross-bearing skull and a grotesque mask, exhibiting a white and a dark-skinned hand, is placed against a yellowing, flower-strewn background. It seems to be a study in duality.

All 61 prints are derived from the San Antonio collection of Texans Ricardo and Harriet Romo, which entails about 400 works. This impressive show will be at NCMA through July 24.

Paired with “estampas,” rooms filled with 65 pulsating drawings for children's books—in watercolor, pencil, and lithograph—by Raul Colon. The show *Tall Tales and Huge Hearts* contains illustrations, not only for some great kiddie fare but several for *Child of the Civil Rights Movement*. Through July 27.

There are some fine works in Gallery C's annual *The Best of North Carolina: Historic Fine Art from the 19<sup>th</sup> and 20<sup>th</sup> Centuries*, and some duds. The 23 artists are indeed among the best—though at times I might hanker for better representation.

A stunning Tucker Cook, *Double Image with Zebra*, two carefully drawn Joe Cox's, an imposing semi-abstract, *City*, by Mary Anne Jenkins, a brilliant still life by Frank London, an unmistakable serigraph, *Reflection*, by Robert Broderson, an atmospheric etching, *Walt and Keith and Me* by Joe Chris Robertson—these led the way in a show that includes the likes of George Bireline, Sarah Blakeslee, Roy Gussow, Edith London, and Francis Speight among others. The show runs through May 14. For more information, visit <http://galleryc.net/exhibits/best-nc-2014/>.

At Adam Cave's, a new series by the always interesting and evolving Will Goodyear immerses one in the crowded immensities of a large city. On panels layered in silkscreen, acrylic, beeswax and oil, skyscrapers and other structures lean into his panels from all sides, surrounded and partially

hidden by clouds of smoke. Goodyear titles the new group *Assembly Lines*, describing himself as a “single person running a process hat could be broken up, providing jobs to others.” The essentially expressionist paintings will draw you to them more than once. The show will be up to the end of the month. To see this exhibit and others currently on display at Adam Cave, go to [www.adamcavefineart.com](http://www.adamcavefineart.com).



Artemio Rodriguez, *Mickey Muerto*, 2005, screen print, 45 x 30.75 in.

At Flanders, Mary Mattingly and Greg Lindquist define a world deep in flotsam and poisoned waters: “the exploitation of land,” they warn, “is the loss of our human future.” Mattingly points her finger, not only at the usual corporate suspects, but us. Among her photographs is one of herself pulling a huge, wrapped ball of belongings along a city street. Among Lindquist's paintings is a large wall of overlapping off-color landscapes, *Duke Energy's Dan River*. Another wall is covered by a photographic grid and a chart defining Duke Energy's *Water Problems in Eden*. The sobering but striking show leaves at the end of April. An in-depth look at his exhibit is available at <http://flandersartgallery.com/exhibition/greg-lindquist-and-mary-mattingly-land>. 📍

# Media and the Movement

BY JOSHUA CLARK DAVIS



In 1973, a reporter from *Ebony* magazine in Chicago came to Durham to write a story on WAFR-FM. When she arrived at 336 ½ East Pettigrew Street, she found a radio station like no other in America. In one room of the station, two teachers and a group of five-year-olds chanted in unison, “I am a black and proud warrior dedicated to the liberation of all black people. I recognize Africa as the motherland and her people as my people.” In another room, local theater director Karen Rux guided teenagers as they produced their own radio show called *Black Seeds*. Jazz and African music drifted from the control booth, peppered with announcements from DJs with names like Obataiye Akinwole and Shanga Sadiki.

In a vivid, six-page feature, *Ebony* told of a groundbreaking radio station, “a black voice in Durham.” In fact, WAFR had become the very first black non-commercial community radio station in the U.S. when it went on the air in September 1971. It was also the first, if not the only, radio station in America devoted to advancing the goals of the Black Power movement. “We can hold a mass meeting across the airwaves every day from 8 am to midnight,” Robert Spruill, the station’s president told *Ebony*. “It’s part of the struggle to define, to

clear up and to complement those things which effect black lives.” In broadcasting a heady mix of music, politics and information to an audience of up to 75,000 listeners, WAFR’s staffers were activists and journalists, educators and entertainers.

In the ’60s and ’70s, the Research Triangle was a hotbed of activist media. In Durham, anti-apartheid activists Reed Kramer and Tami Hultman launched the Africa News Service, the first news agency devoted to distributing reports from Africa in the U.S. At Raleigh’s Shaw University, Elizabeth Czech helped launch WSHA, only the second radio station in the nation at a historically black college. Underground newspapers such as Chapel Hill’s *Protean Radish* and Durham’s *The North Carolina Anvil* covered local civil rights and anti-war campaigns, as did Duke University’s

WDBS radio station. The Institute of Southern Studies’ *Southern Exposure* magazine produced left-leaning stories on the South’s politics, culture and history. And in Warrenton, just a little over 50 miles outside the Triangle, activists Jim and Valeria Lee operated the powerhouse community radio station WVSP-FM.

These activist media outlets are at the heart of “Media and the Movement: Journalism, Civil Rights, and Black Power in the American South,” a project

based at UNC’s Southern Oral History Program and funded by the National Endowment for the Humanities. Our team of researchers includes myself, Professors Charmaine McKissick-Melton and Jerry Gershenson from North Carolina Central University, and Professors Jacquelyn Hall and Seth Kotch from UNC-Chapel Hill.

*Media and the Movement* hopes to shine a new light on our state’s and the Triangle’s activist campaigns of the 1960s and ’70s, most of which rarely figure into national accounts of the civil rights movement. In addition, portrayals of media and civil rights activists all too often depict the two communities as separate groups that never overlapped. With our project, we hope to correct this misperception and document North Carolina’s many civil rights activists who thrived as journalists and broadcasters in independent and non-commercial media. We are also digitizing rare and endangered recordings from stations like WAFR and WVSP and making them available to the public online.

To learn more about *Media and the Movement*, please visit our project website at <http://mediaandthemovement.unc.edu>.

Joshua is a Thompson Postdoctoral Fellow at Duke University. | The Museum of Durham History is a non-profit organization dedicated to bringing Durham’s history to life and engaging visitors and residents in our community’s heritage. The Museum’s home, the History Hub, is located at 500 W. Main St. For more information, visit the website: [www.museumofdurhamhistory.org](http://www.museumofdurhamhistory.org).



Cover image from WVSP-FM’s *Dialogue* newsletter, 1978



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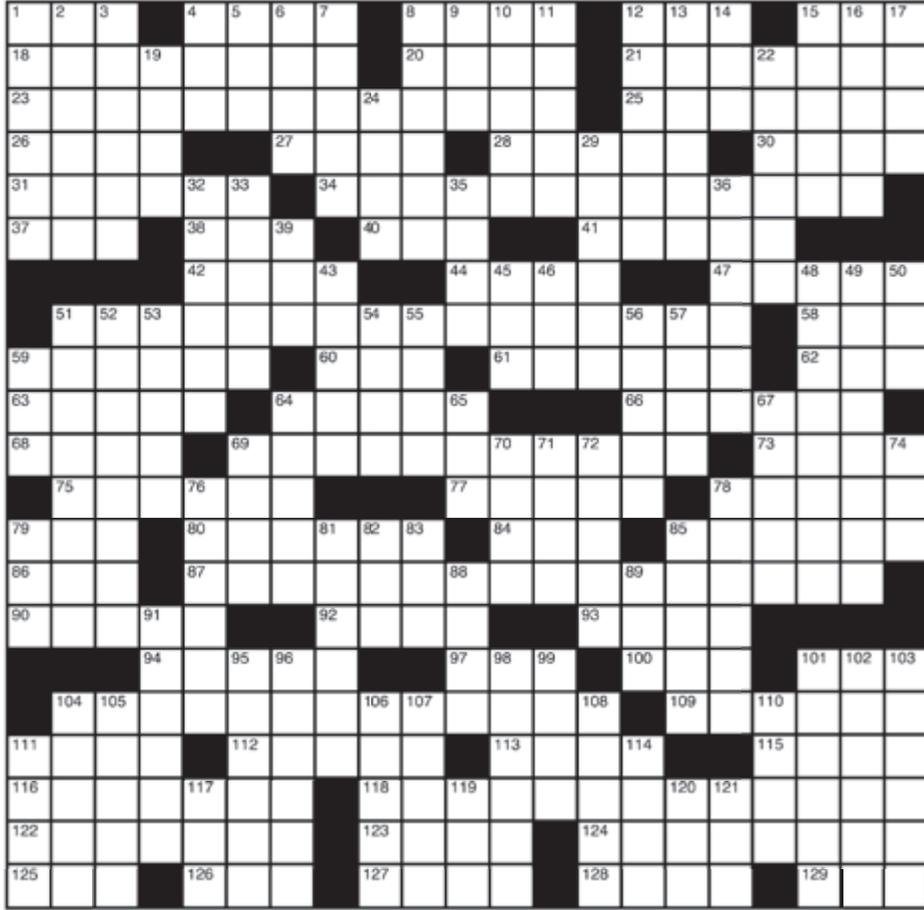
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- “Never Mind”**
- ACROSS**
- 1 “100 Years...100 Movies” org.
  - 4 Bill and Hillary, e.g.
  - 8 Gives a boost, say
  - 12 Direction from Columbus, Ohio, to Columbia, S.C.
  - 15 Mister Rogers network
  - 18 Fall back on
  - 20 “True \_\_\_”: 2010 Best Picture nominee
  - 21 Sound qualities
  - 23 Mashed potatoes feature?
  - 25 Board at a station
  - 26 Prefix with meter
  - 27 Nebraska native
  - 28 Martini garnish
  - 30 Wheat whiskers
  - 31 Jefferson and others, religiously
  - 34 Signature clothes-washing move?
  - 37 Marine eagle
  - 38 Rap sheet letters
  - 40 BTWs, in letters
  - 41 Casually considered, with “with”
  - 42 Walk unsteadily
  - 44 Takei role
  - 47 “\_\_\_ I know ...”
  - 51 Bear with backup musicians?
  - 58 Simpson judge
  - 59 Cookie sellers
  - 60 Night sky feline
  - 61 Stoked
  - 62 86-Across, overseas
  - 63 Shot
  - 64 Poker variety
  - 66 Dismissal
  - 68 Picturesque Japanese peak
  - 69 Heads-up from your co-star about a former mate in the wings?
  - 73 “A Jug of Wine ...” poet
  - 75 Granola cousin
  - 77 Take in
  - 78 Put up
  - 79 China’s Chou En-\_\_\_
  - 80 Tried it
  - 84 Innovative musician Brian
  - 85 Crime scene clues
  - 86 62-Across, in the States
  - 87 Home of robot jugglers and digital clowns?
  - 90 Sweater type
  - 92 In
  - 93 Decimal opening
  - 94 “Peg Woffington” author
  - 97 Flips, e.g.
  - 100 Have some grub
  - 101 Moon and Starr: Abbr.
  - 104 Stylist’s jobs?
  - 109 Tennis rival of Roger
  - 111 Sticky situation
  - 112 Helicopter part
  - 113 Wide sizes
  - 115 O’Neill’s “\_\_\_ Christie”
  - 116 Briefs
  - 118 “Never mind,” and a hint to this puzzle’s theme
  - 122 Nomeite, for one
  - 123 Salad dressing initialism, à la Rachael Ray
  - 124 Cut off
  - 125 Business card abbr.
  - 126 Game show purchase
  - 127 Bring under control, with “in”
  - 128 Watch over
  - 129 Lawn roll
- DOWN**
- 1 Skee-Ball locale
  - 2 Antenna
  - 3 Left for the day, maybe
  - 4 Poetic preposition
  - 5 Copier size: Abbr.
  - 6 Accord starter
  - 7 Start to celebrate?
  - 8 Goes along
  - 9 George’s lyrical brother
  - 10 Torn-up turf piece
  - 11 PDA pokers
  - 12 “Wildboyz” co-host
  - 13 Muscular
  - 14 CPR pro
  - 15 Shrimp kin
  - 16 “\_\_\_ John Malkovich”
  - 17 Govt. nos.
  - 19 Spunkmeyer of cookie fame
  - 22 Pippi’s hair
  - 24 Trail food
  - 29 ICU sight
  - 32 Chat up
  - 33 What’s up?
  - 35 Right hand: Abbr.
  - 36 Checks in the accounting office
  - 39 Actress Poehler
  - 43 Where to get dates
  - 45 Old TV dial letters
  - 46 Romanian coin
  - 48 List on the left
  - 49 Acts like an opposite?
  - 50 Piece for a hood
  - 51 “Kinderszenen” composer
  - 52 Milk for kids?
  - 53 Unlikely lint-gatherer
  - 54 “No ice, please”
  - 55 Qatar’s capital
  - 56 Calling for a lookup?
  - 57 Not masc. or fem.
  - 59 Sunscreen letters
  - 64 Rust, e.g.
  - 65 Turkish bigwig
  - 67 Like an inner tube
  - 69 Mideast flier
  - 70 Legendary tree site
  - 71 Anderson of “WKRP in Cincinnati”
  - 72 Distinctive time
  - 74 Some NFL linemen
  - 76 Mideast currency
  - 78 List in a subsequent printing, perhaps
  - 79 Actress Tyler
  - 81 Sound common to Boston & New York
  - 82 Pontiac muscle car
  - 83 Goal for explorer Coronado
  - 85 “Up” studio
  - 88 Ye follower, often
  - 89 Average mark
  - 91 War precipitators
  - 95 Name of six popes
  - 96 Singer Warwick
  - 98 Old trail terminus
  - 99 Barrie baddie
  - 101 City of Botany Bay flier
  - 102 1800s Mexican leader Juárez
  - 103 Scheduled
  - 104 Ball focus
  - 105 Standard
  - 106 Errand runner
  - 107 Erase all doubt about
  - 108 Attack
  - 110 Man-goat deity
  - 111 Doc-to-be’s exam
  - 114 Clearance event
  - 117 Reggae relative
  - 119 “Vive le \_\_\_!”
  - 120 Rubbish receptacle
  - 121 Heavy ref.

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# RENAISSANCE

## P A R K

the city.



the park.



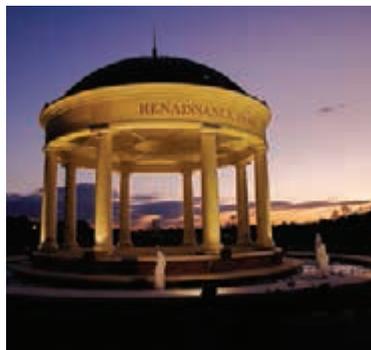
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