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MAGAZINE

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ON THE COVER: Local historian extraordinaire (and part-time Uncle Sam) Mr. Matthew Brown and Triangle Downtowner Magazine Publisher (and part-time candidate for Raleigh City Council) Crash Gregg.

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This is the first of a monthly column highlighting some of the dogs and cats who have called the SPCA of Wake County home for far too long. Since the SPCA is a no-kill shelter, their adoptable pets stay with them as long as it takes them to find a home. This means that when the shelter is full, there's no available space for new pets. Some of these wonderful animals are older or have traits that require special attention or medications but want and need to be loved all the same. We hope you'll consider giving one of these (and the many other) long-timers a place to call home where they can feel safe and be cared for. Visit the SPCA of Wake County for more overlooked pets who could use a new family. You can also visit www.spcawake.org/longtimers or call 919.772.2326.



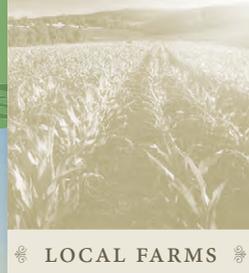
Bojangles is a two-year-old chocolate lab mix. More than anything else, he loves tennis balls. Walks are ok, but playing fetch in a fenced yard is his favorite way to pass the time and get some exercise. He would like to be the only pet in the home, just to be sure he gets all the tennis balls. Not to worry though, BoJangles knows to trade one tennis ball so he can chase a new one. He can even pick up two tennis balls at once, so you'll never know you're only playing with one dog! His foster mom says he is a dream in the house. He can be crated but doesn't need to be. Talk to an adoption counselor at 919-772-2326 if you're interested in meeting him.



Tommy If you're looking for an easy-going feline, Tommy is just the cat for you. He doesn't ask for much. Tommy was adopted as a kitten and lived in his home for almost

three and a half years. His adopter had to move across the country and couldn't take Tommy along, so Tommy is back to the SPCA. His family said he's good with men, women, kids, and other cats. They've never seen him around dogs. Tommy is on a diet to make sure he feels his best, so he's hoping his new family will help him play and exercise. Call 919-772-2326 or visit www.spcawake.org for more information on Tommy.

This space is donated to the SPCA of Wake County by Triangle Downtowner Magazine because we love our furry friends.



Daybreak at Peaceful River Farm

BY DANIEL TAYLOR

Farm to table dining has become a very trendy phrase with chefs in boutique restaurants. Sometimes, it seems it entitles the right to charge extraordinary prices for rather humble ingredients such as cauliflower or onions. I have been guilty of this crime myself by naming the late and great Bill Dow's arugula on a menu and charging a few extra dollars, although warranted for the quality, it was some of the best and spiciest I've ever tasted. The simple truth is ingredients like these shouldn't be considered a luxury and should grace nearly every meal in your household. I know that seems like a tall order but is surely possible with a bit of effort.

A little bit about me: I am a professional chef of over 20 years. I have owned restaurants, worked in London, Grand Cayman and locally. I was educated at Wake Tech's culinary program and have worked in Durham, Chapel Hill, and Raleigh. I have been a dishwasher, waiter, bartender, cook, sous chef, head chef, and accountant. I have cooked at Buckingham Palace, dipped my toe in the Michelin circuit along with cooking for the stars. Now I am a committed father, husband, food writer, and teacher with a deep passion for what I do.

This new Local Farms column with the *Downtowner* is meant to help educate and connect local farms with consumers. The first farm in our column was Sweet Peas Urban Gardens, which appeared in Issue 132 (read online here if you missed it: www.bit.ly/TDM-132).

North Carolina is fortunate to be home of many



Peaceful River Farm

amazing farms with stunning produce that taste much better than anything you can buy in the supermarket. Unfortunately, most produce in large supermarkets is grown far away and transported over long distance. The produce is typically picked before it is ripe so it doesn't spoil in the shipping process. The farms that supply supermarkets also must adhere to strict size and shape guidelines in order to sell their wares. Grocery stores want everything on the shelf to look "perfect," but in reality, nature is perfectly imperfect. So all the odd shaped carrots or too small tomatoes get wasted. This often creates a problem for the small organic farmer as uneducated consumers turn their noses up at what are slightly wonky looking products. What a shame! If everything had to fit a perfect stencil, how boring would life become?!

Local farms sell what is in season and when it's ready. This fills a romantic notion that things are worth waiting for. Personally, I only eat NC asparagus in the spring.

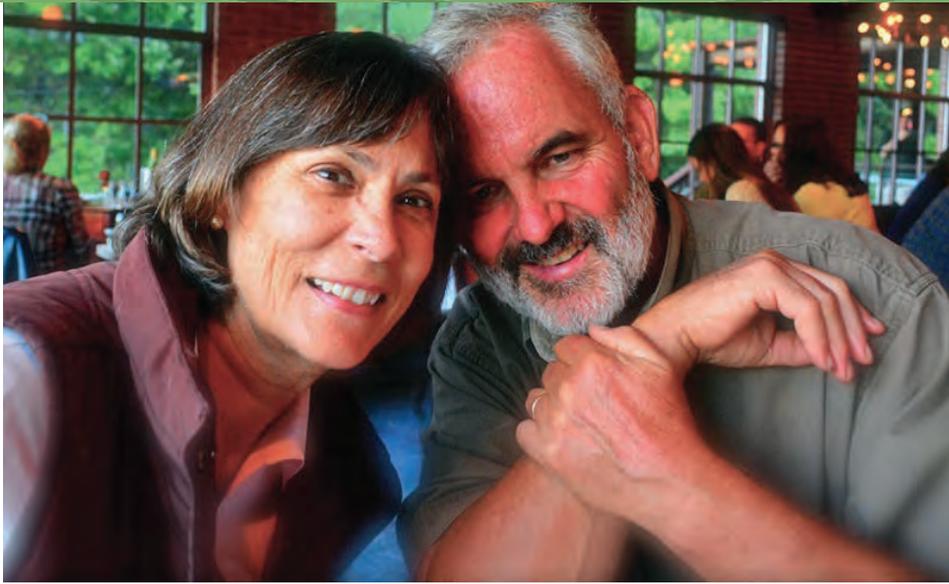
I know this may sound pretentious but it's so worth the wait. The anticipation alone makes it taste better, not to mention our asparagus is second to none on earth.

Get to know your farmers! Stop by a local produce stand on the roadside. Visit farmers markets. Find local farms that will gladly sell to you and may even invite you in for a chicken dinner. Your neighborhood farmers are not rich, and they do what they do out of passion. Strike up a conversation and before you know

it, they will be recommending their best and freshest beetroots simply because it is what they are most proud of. This action strengthens your community by keeping money local. Not to mention, when buying local, you're acutely aware of where your food has come from, how it has been treated, and how well it will nourish you and your family. Who knows how the peaches from Chile were handled and what they have been sprayed with?

With each installment of the *Downtowner's* Local Farmer Series, we'll introduce you to new farms, follow the produce to local restaurants, and try to tell the story behind the farmers. Rest assured, I'll also help you find the best local peaches, sweet potatoes, collard greens, and more that our area has to offer. Local farms and the produce they grow are exciting and I'm looking forward to sharing with you!

In the far west of rural Chapel Hill, Peaceful River Farm is set back on a dirt road, nestled up against the Haw River. Since 2010, Larry and Lee Newlin passionately cultivate a myriad of vegetables and raise chickens



Lee and Larry Newlin



Beautiful carrots from the farm

on their 18-acre plot. Peaceful River Farm works hard to improve the once damaged soil harmed from textile pollution and suburbanization by continuing to cultivate the land. All vegetables are grown according to National Organic Practices and grown free from synthetic fertilizers, pesticides, and herbicides.

In their earlier careers, Lee and Larry Newlin were co-owners in a landscaping and nursery business in Greensboro, running the retail side with two garden centers. After they sold their shares in 2002, they began a garden tour company, which curated trips for guests to beautiful gardens in England, Italy, New England, Philadelphia, the Southeast, and Pacific Northwest.

In 2005, Lee developed non-Hodgkins lymphoma and learned that exposure to pesticides was a major cause of blood cancers. She began teaching healthy cooking classes from their Greensboro home after researching about the connection between good health and healing food. Lee jumped right in by developing healthy and delicious recipes to share and began teaching classes in 2006 in their backyard gardens. The classes included a tour of the kitchen garden, which motivated them to expand their knowledge about organic gardening and farming. They attended farm tours, farm conferences, included other kitchen gardens in their garden tour itineraries, and began taking sustainable

agriculture courses at Central Carolina Community College. Lee took an intensive culinary course on the Principles of Healthy Techniques at the Culinary Institute of America in Hyde Park, NY, which sealed the deal about following their new and unexpected career path. Larry had researched the prices at Triangle farmers markets and found that they are higher than those in the Triad. They began their search for a small farm inspired by being closer to their ancestral home of Snow Camp/Saxapahaw while remaining close to Triangle restaurants, niche grocers, and farmers markets.

“We love it,” Larry says as we chat about their farm. “As you grow older, you keep learning new things. >>>

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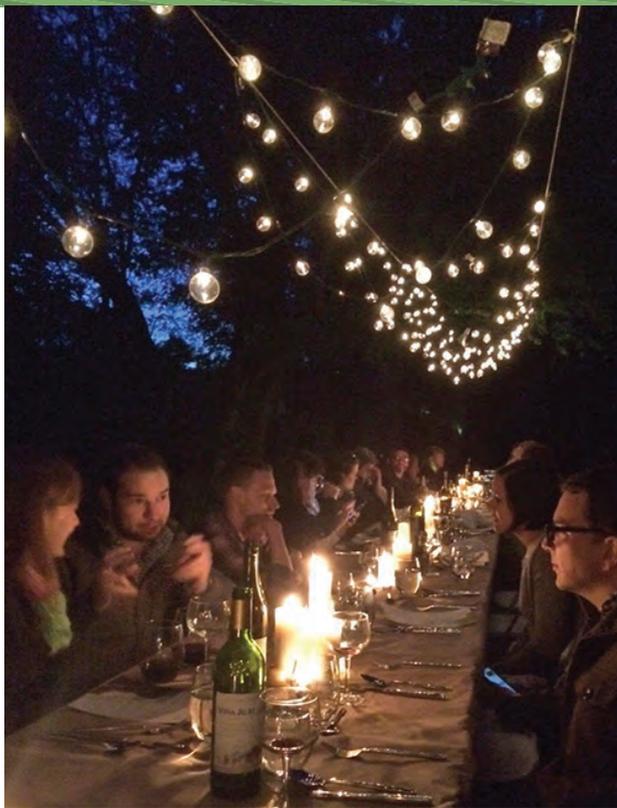
Sustainable farming is complex, and there has been a steep learning curve discovering new farming techniques, heritage varieties with great taste and resilience, as well as new disease resistant varieties.” There’s even a wonderful social aspect of their venture and they’ve met many new friends at their cooking classes and farm dinners, as well as at markets, networking through chef customers and fellow farmers. Lee loves experimenting with new recipes that foster good health, and she enjoys reading the latest publications about staying disease-free through nutrition and lifestyle. The farm is naturally beautiful, and they’ve tried to enhance the aesthetics with landscaping and the farm layout – it’s always inspirational especially at dawn, before a rain, and around dusk.



Guests enjoying dinner after one of Peaceful River’s cooking classes.

Economically, the hardest part about being a small farmer is that food prices have actually decreased over the last 50 years. Huge corporate farms have put a squeeze on family farms by driving down prices through large-scale mass production. “We are constantly educating our customers that local and sustainably-grown produce both tastes better and is more nutritious than produce that has been trucked hundreds of miles,” says Lee. “Many new varieties of vegetables and fruits were bred for long distance travel and longer shelf lives.” Food author Michael Pollan says that we need twenty million new sustainable farmers to build a truly sustainable food system. Lee and Larry know that they are part of the solution and appreciate the growing popularity of local, sustainable food, but are frustrated that the pace of change and the general public’s valuing (as represented by the insistence on cheap food) of local, sustainable food is lagging.

There are certainly high points though with a combination of the serene moments and the social occasions. They love being at the Fearington Farmers Market and hosting farm dinners and healthy cooking classes that allow them to interact with customers and new guests. They love seeing an eagle fly in and perch on a fence post, watching herons flying over, a goldfinch fluttering from flower to flower, and the V-shaped formation of geese flying over the Haw. They love to see the progress of a recently seeded bed, the emerging flowers of squash, okra, and cucumbers signaling the first harvest



Guests at one of the evening farm dinners.

is at hand, and the pride from a refrigerated room full of beautiful produce prior to packing for market or restaurant deliveries. “We adore being in the Triangle and part of a foodie movement, and part of the natural history of the ancient Haw River where Sissipihaw Indians once hunted and fished,” they both attest. “We want to make sure that Peaceful River Farm leaves the soil we cultivate, and the nearby creeks and rivers healthier than when we arrived for future generations.”

Although there are no family ties to their farm, Lee and Larry both have ancestral roots. Lee’s great grandfather was a circuit riding Quaker minister who was educated in Snow Camp during Reconstruction. Larry’s father grew up on a dairy farm in Snow Camp, his grandfather was a recorded Quaker minister, teacher, and farmer, and a great-great-great-great-great uncle, John Newlin, was the founder of what is now the bustling new urbanist village of Saxapahaw. John Newlin was one of the first mill owners in North Carolina and viewed manufacturing as an antidote to the Southern slave culture. He was an abolitionist and led 40 slaves bequeathed to him from a local doctor’s wife to freedom in Ohio after a ten-year court battle. He was a leader among North Carolina Quakers and a founder of New Garden Boarding School that is today Guilford College.

Peaceful River grows about 40 different vegetables plus strawberries and blueberries. They enjoy growing vegetables that are colorful and visually pleasing to visitors to the farm as well as to chefs and their customers. The produce they choose to grow also has a high nutrient-dense ranking on the Aggregate Nutrient Density Index (ANDI) and is in demand at the farmers market and to the chefs they sell to. Having a good profit margin allows them to invest their time and expense in growing healthy, flavorful, and nutritious food. They’re growing asparagus that is drought tolerant, will grow back for 20 years, commands a good price, and is easy to grow. They’re producing more heirlooms including tomatoes, okra, and Appalachian beans. They’re known

best for their amazing lettuce mix and are always learning more about how to best grow these large leaf vegetables in the blistering heat of summer. They’re continuously searching for new varieties of produce to offer, finding many through research or fellow farmer recommendations. One new vegetable they offer is the Colorado Rose potato developed by a Colorado State University hybridizer whose varieties were selected for the White House Garden.



Tomatoes of all shapes, colors, and sizes are produced at the farm.

Lee and Larry grow up to 20 different varieties of leaf, oakleaf, and buttercrunch lettuces that go into their salad blend. Although the varieties may change from season to season, their aim is a blend that has loft, weight, and smoothness (buttercrunch and oakleaf varieties) and with about 60% green and 40% burgundy colored leaves. The principal foundation for the lettuce is a mix from Australia called Salanova that consists of eight varieties with the deepest colors, great taste, and lots of nutrition. Added to these lettuces are baby arugula, mizuna, tatsoi, baby Red Russian Kale, frilly baby mustards, and sometimes baby spinach and chard. These greens increase the nutritional value of the mix up to four times that of lettuce alone. They also add additional texture and incredible flavor. Folks at the market say that the salad mix keeps in their refrigerator for a week or more, and many say they enjoy it every day.

Peaceful River is a working farm so they’re not able to accommodate unexpected guest visits but you can find their produce at several different venues. Folks attending their farm dinners or cooking classes can order a produce box to take with them. They also have produce box subscriptions that can be ordered then picked up on specified days at the farm or at the Fearington Farmers Market on Tuesdays. And they sell to Saxapahaw General Store, Standard Grocery, and Harmony Farms Natural Food Store, all of which offer local produce for sale.



Visitors enjoy a tour of the farm with Larry.

According to *Epic Tomatoes* author and heirloom guru, Craig LeHoullier of Cary, “Cherokee Purple” has the best taste of the thousands of heirloom tomatoes he’s tasted. The Newlins say the Cherokees are their best seller and they are also Lee’s favorite. Another heirloom they grow, “Brandywine,” is in her top five. They also grow disease resistant slicing tomatoes that do well in a greenhouse setting, and when they start producing, they’re almost buried under an avalanche of tomatoes. They are prettier than heirlooms but not as tasty or useful in canning and juicing.

Looking out across their farmland, a steep slope flows down toward the Haw River. If you were to build a structure on the lowest point, it would be nine stories high to reach the highest point. If farmed conventionally, there would be a major runoff of synthetic fertilizers and chemicals right into the intersecting creeks that feed the Haw River. It’s important for the Newlins to farm responsibly and sustainably to ensure their farm does not harm their land or the surrounding natural habitat. The Haw was considered

“dead nature” in the 1970’s by a UNC botanist but today, it has made a major comeback. Lee and Larry are making sure their practices promote healthy soil and healthy waterways in order to grow the healthiest foods for their customers. They’ve had nearly 4,000 visitors since farming began in 2011, including farm tours, cooking classes on how to achieve a plant based diet, and seasonal farm dinner with guest chefs. We need many more sustainable farms like Peaceful River Farm to reach a critical mass of sustainability and luckily, small, health-conscious, and environmentally aware farms like the Newlins’ are on the rise.

Below are the Peaceful Farm guest chef dinners for October. I have the honor of cooking on October 8. I hope you’ll join us for a great dinner and meet the amazing Newlins soon. You can learn more about their farm and the cooking classes at www.peacefulriver.farm.

Sunday, October 1: Chef Cate Smith is head trainer and menu developer for Merriwether-Godsey Dining Service. They serve Duke Integrative Cafe, Guilford College, Sidwell Friends School (where Presidents’ children often attend), and 30 other institutions from New England to the mid-South.

Sunday, October 8: Chef Daniel Taylor of Briar Chapel Chef provides in-home personal and group cooking lessons. Daniel is a classically trained chef with 20 years of culinary experience including executive chef tenures in London and the Cayman Islands.

Sunday, October 15: Chef Caroline Morrison is co-owner of Fiction Kitchen in Raleigh, the city’s first vegetarian restaurant. She specializes in creative, fresh, locally sourced vegetarian recipes, and this dinner will be vegan.

Sunday, October 22: Chef Bob Compton is Executive Chef at Mebane Downtown Table. Bob has broad experience with Refectory Cafe in Durham, Il Palio in Chapel Hill, and various Atlanta restaurants.



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Meet the Candidates

2017 City of Raleigh elections

The race for Raleigh Mayor and City Council seats has generated one of the largest candidate pools the city has seen in recent history. Incumbents for all seats are running again, except for long-time At-Large councilperson MaryAnn Baldwin. The Downtowner emailed a short questionnaire that we thought would give Downtowner readers a feel for the issues that each candidate believes are important. We've included a portion of the questions here in this article and the full Q&A on our website at www.triangledowntowner.com. For those that did not respond, we've included their website info so you can do your own research about them. The candidates' answers are included as they arrived and have not been edited for content or errors.

Raleigh municipal election early voting runs from September 21 to October 7 and Election Day is October 10. You can find out how to register to vote, where you can cast your ballot, early voting dates and locations, and more information on Raleigh and Wake County elections at <http://bit.ly/voterinfo2017>. We hope our readers will visit the websites for each candidate in their district, learn more about them, and make the time to cast an educated vote in this year's election. In these times of emotional and opposing political views, it's even more important that we, as a community, give our input, vote with our hearts and minds, and all work together to make sure Raleigh continues to grow in the right direction to become a great city for all its people.

All candidates are listed in alphabetical order. Candidates for each race who did not reply to our questionnaire are listed last and we've included a link to their website for our readers who would like to learn more about each. Photos were submitted by the candidates or from their respective campaign sites, if any.

RALEIGH MAYOR



Name: Charles Francis

Seat: Mayor

Website: www.FrancisForRaleigh.com

Facebook: www.facebook.com/FrancisForRaleigh

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

The top three issues are access to affordable housing, reducing traffic congestion, and recruiting and sustaining more jobs with livable wages.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

I will aggressively pursue the construction of tax credit housing all over Raleigh. I will work to promote home ownership for working people through city programs, especially for employees. I believe strongly in home ownership for working people as a vital step in securing wealth and financial security.

What issue is NOT getting the attention it deserves from city government? How would you address it?

I know Raleigh can do better and we can start by acknowledging that Raleigh is wasting money to request additional studies for budgetary decision. I believe that is a task that city management can take care of which will decrease frivolous spending.



Name: Nancy McFarlane

Seat: Mayor

Website: www.nancymcfarlane.com

Facebook: www.facebook.com/NancyMcFarlaneForMayor

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

Transportation. Affordability. Accommodating our city's incredible growth in a way that respects current residents. Good planning is key. In preparation,

Council put nearly \$6 million towards affordable housing that will grow with Raleigh. We've also expanded public transit and placed the upcoming transportation bond on the ballot.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Affordable housing is one of the most important challenges our city faces as the city moves forward. In addition to dedicating an additional \$6 million for affordable housing, Council is tripling the number of affordable housing units built each year. Continued expansion of public transit is also key to meeting this challenge.

What issue is NOT getting the attention it deserves from city government? How would you address it?

The opioid epidemic needs immediate attention, both locally and nationally. We have just passed a new policy and our police officers will start carrying Narcan. That will save lives but it's not enough. We must continue to support the county and the Attorney General's office in their work on this issue.



Name: Paul Fitts

Seat: Mayor

Website: www.paulfitts.com

RALEIGH CITY COUNCIL, AT LARGE



Name: Shelia Alamin-Khashoggi

Seat: Raleigh City Council At-Large

Website: <http://sheliakhashoggicampaign.org>

Facebook: www.facebook.com/Khashoggi-Campaign-1150790551692303

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

1. Affordable Housing - This is actually a matter of reviewing and reworking the UDO to provide greater density within the present city boundaries. 2. Transit and Transportation infrastructure. 3. Economic Opportunity.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Housing affordability is the difference between Raleigh that runs out of steam and a Raleigh that presents an example to the Nation and world of how American cities handle the 4th Industrial revolution. I propose reworking the UDO to allow for higher population densities while allowing CACs to manage their look and feel.

What issue is NOT getting the attention it deserves from city government? How would you address it?

Mass transit is not getting the attention it deserves from the city. In the current state, Raleigh mass transit doesn't address the connectivity and IoT issues and opportunities which make 4th Industrial Revolutionary opportunities possible. I would merge the for-profit and public assets to open the city to 24x7x365 commerce.



Name: Rob Axtell

Seat: At-Large City Council for Raleigh

Website: www.Rob4Raleigh.com

Facebook: Rob-For Raleigh

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

Transportation, Affordable Housing and Managing Growth are all interconnected. Current transportation options are lacking, there needs to be more affordable housing to bring back teachers, first responders and city workers to the city. City growth is great, but it is becoming disjointed and leading to an unconnected city.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Affordable housing is vital to Raleigh's future. Luxury housing is being created all over Raleigh, but high costs are pushing out city workers and Raleigh natives. I propose offering new incentives to developers who build and maintain affordable housing, and promoting existing incentives for affordable housing via targeted marketing campaigns.

What issue is NOT getting the attention it deserves from city government? How would you address it?

Raleigh is becoming more alienated into different regions. Left behind are people without vehicles, who have a hard time getting around the city. We need all of the aforementioned transportation options to ensure that ALL parts of the city are connected and readily accessible by ALL of Raleigh's

citizens. We must literally bring Raleigh together.



Name: Stacy Miller

Seat: Raleigh City Council At-Large

Website: www.stacymillernc.com

Facebook: www.facebook.com/StacyMillerNC

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

(i) Affordable Housing (ii) Public Transportation and Infrastructure (iii) Smart Growth

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Affordable housing is critical to Raleigh's future. We need to create a strategic plan for (i) land banking (ii) public-private funding solutions (i.e. TIFs, fee-in-lieu, density bonuses and assessment districts), (ii) incentives to rehabilitate naturally occurring affordable housing, and (iv) other innovative funding ideas, such as leveraging the Community Reinvestment Act.

What issue is NOT getting the attention it deserves from city government? How would you address it?

Wage disparity is an increasing problem in our city. Not all areas of the city have enjoyed the same level of economic development, leaving some communities underserved. The city needs to develop strategies to create competitive environments and economic opportunities for these underserved communities.



Name: Nicole Stewart

Seat: Raleigh City Council, At-Large

Website: www.nicoleforraleigh.com

Facebook: www.facebook.com/nicoleforraleigh

What are your top three issues that you believe need to

be addressed within your district or throughout the City of Raleigh?

Growth: Raleigh's current pace of growth is astounding, and we are feeling the challenges. Everyone should have access to affordable housing, transit opportunities, and a high quality of life. Environment: I'll work to protect our drinking water, manage stormwater runoff, and champion our greenways. Citizen engagement: Raleigh needs multiple approaches that fit our diverse communities' needs and create a sustained two-way dialogue.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Housing affordability is one of the top priorities of my campaign. My approach would be multi-pronged. I believe we need to better understand the challenge, focus on best practices and bright spots, rely on regional cooperation, address overall cost of living, explore creating a land bank, and target housing supply.

What issue is NOT getting the attention it deserves from city government? How would you address it?

Access to the decision-making tables by people not already at them. Raleigh is a diverse and growing city, and government leadership should reflect our diversity in demographics and experience. I support a robust citizen engagement program that respectfully and efficiently elevates a growing diversity of voices and engages residents to create a sustained two-way dialogue.



Name: Robert Ward

Seat: City council at-Large

Website: www.Ward4Raleigh.com

Facebook: Robert Ward

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

Raleigh's 2 billion dollar debt is the biggest issue that needs to be addressed. Improving infrastructure by fixing our crumbling roads and modernizing our neglected sewer and water systems. Cutting the wasteful spending that we have seen from our current city council members.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Affordable housing is an important issue. I intend to work with builders and developers to target underutilized and underdeveloped properties to create more mixed use and better residential opportunities at reasonable costs. I will also push for reducing redundant red tape to develop suitable housing for all.

What issue is NOT getting the attention it deserves from city government? How would you address it?

Raleigh's 2 billion dollar debt. Raleigh is adding 60+ new tax payers every day, our taxes continue to go up every year, yet we add on average 100 million in debt every year. This is unacceptable and unsustainable. I will fight to cut the waste by focusing on our needs and not our wants.



Name: Zainab Baloch

Seat: Raleigh City Council At-Large

Website: www.votebaloch.com



Name: Russ Stephenson

Seat: Raleigh City Council At-Large

Website: www.russforraleigh.com

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RALEIGH CITY COUNCIL, DISTRICT A



Name: Alex Moore

Seat: Raleigh City Council District A

Website: www.moore4raleigh.com

Facebook: www.facebook.com/alexmooreraleigh

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

1. The amount of debt that the city has is a big issue. We are spending too much money and are not spending efficiently. 2. We have a crumbling infrastructure which the current city council turns to debt to solve. 3. We have a lot of growth coming, and we have to have to be smart and plan for the future.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

The number one thing the City of Raleigh can do to help with affordable housing is to keep property taxes low. We also need to streamline the process for the private sector who want to build affordable housing.

What issue is NOT getting the attention it deserves from city government? How would you address it?

The debt and debt service. If we continue to spend like we do and to buy things we can't afford and accumulate more and more debt, that only leads to hire taxes, stifled growth, and always being behind on our infrastructure needs.



Name: Dickie Thompson

Seat: Raleigh City Council District A

Website: www.dickiethompson.com

RALEIGH CITY COUNCIL, DISTRICT B



Name: David Cox

Seat: Raleigh City Council District B

Website: www.davidcoxforcouncil.com



Name: John Odom

Seat: Raleigh City Council District B

Website: www.odomforwake.com

RALEIGH CITY COUNCIL, DISTRICT C



Name: Crash S. Gregg

Seat: Raleigh City Council, District C

Website: www.Crash4Raleigh.com

Facebook: www.facebook.com/crash4raleigh

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

1. Affordable housing for both middle and lower income. Renting has become so expensive that our emergency responders, hospitality, creative class, and lower income can no longer afford to live here. 2. Gentrification of our legacy homeowners. Folks who have grown up in southeast Raleigh are being pushed out by new development. 3. Infrastructure. Our roads, sidewalks, mass transit, and other infrastructure will soon lag far behind the demand from growth.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

As mentioned above, affordable housing for both middle and lower

income is paramount to preserving the rich diversity, as well as the necessary workforce, of a city. Density is the key to more affordable housing and Raleigh is slowly losing much of its affordable housing properties to higher end growth.

What issue is NOT getting the attention it deserves from city government? How would you address it?

The answer to this question goes back to the first two. Affordable housing and gentrification are not being properly addressed or given the attention needed to make Raleigh's future one that ALL its citizens can look forward to with hope.



Name: Olen Leo Watson III

Seat: Raleigh City Council, District C

Website: www.electolenwatson.org/issues

Facebook: @oleniii

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

Homelessness, Affordable Housing, and Faith in Police are my primary focus. In southeast Raleigh we've lost the continuity of community from years ago. After such neglect we have to avail the southeast of those lost opportunities and ethos of community, binding up the weak, and standing behind the strong.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Affordable housing and homelessness are the different points on the same spectrum. Affordable housing has reached a crisis. The next stage is a dramatic increase in homelessness. I have a specific series of policies on my webpage to address the issue from the direction of taxes, zoning, construction standards, and emergency preparedness.

What issue is NOT getting the attention it deserves from city government? How would you address it?

Many large organizations responsible to the public have an Office of the Ombudsman, separately funded and independent that handle complaints and controversial cases. Independent of the politically appointed chief, the office should have limited disciplinary powers including dismissal, and the ability to refer for further judicial review.



Name: James Bledsoe

Seat: Raleigh City Council, District C

Website: www.electjamesbledsoe.com



Name: Corey Branch

Seat: Raleigh City Council, District C

Website: www.coreybranch.com

Name: Jeff Stewart (no photo)

Seat: Raleigh City Council, District C

Website: https://ballotpedia.org/Jeff_Stewart

RALEIGH CITY COUNCIL, DISTRICT D



Name: Kay Crowder

Seat: Raleigh City Council, District D

Website: www.crowderforcouncil.com

Facebook: www.facebook.com/search/top?q=crowder4council

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

Affordable Housing is no longer only the less fortunate priced out-skilled

workforce-teachers/firefighters/police suffers under wage stagnation & cost of housing rises. Transportation - all traditional/modern modes. Stormwater - for example, small lakes clean our stormwater runoff, yet are threatened due to cost of maintenance.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Priority One. We will build 2.5x more affordable housing units this yr than in 2014 (when I joined the City Council), and almost 4x as many in 2019. Those skilled workers - teachers, firefighters, service workers - are becoming what I call our "Missing Middle". We need to keep them in Raleigh.

What issue is NOT getting the attention it deserves from city government? How would you address it?

We must to address infill- this affects value/quality of life in older neighborhoods. More flexibility in building design can create grand street-level experiences w/o violating height standards.

Name: B.J. Plott (no photo)

Seat: Raleigh City Council, District D

Website: https://ballotpedia.org/B.J._Plott

RALEIGH CITY COUNCIL, DISTRICT E



Name: Stef Mendell

Seat: Raleigh City Council District E

Website: www.stefmendellforcouncil.com

Facebook: @StefMendellforCouncil

What are your top three issues that you believe need to be addressed within your district or throughout the City of Raleigh?

We need an equal partnership among developers, residents, & city staff/officials in support of Smart Growth. We need to expand opportunities for Citizen engagement & strengthen the role of the Citizens Advisory Councils. We need to address lack of Affordable Workforce Housing and gentrification.

How important is affordable housing to Raleigh's future and how do you propose ensuring that the city maintains an adequate stock of affordable housing?

Affordable housing is a top priority. The \$5.9M/yr that is earmarked for affordable housing is insufficient to meet the need. We should earmark some of the proceeds from the sale of City property to add to the affordable housing budget. Tax incentives, tax credits, and tax abatements also could be utilized to increase the supply.

What issue is NOT getting the attention it deserves from city government? How would you address it?

Undue influence of special interests. We need more citizen representation on Council & committees. Impact fees on developers need to supplement property taxes, sales taxes, & bond packages so that they are helping to provide the appropriate infrastructure in support of development, & so that the burden doesn't fall disproportionately on citizens.



Name: Bonner Gaylord

Seat: Raleigh City Council District E

Website: www.bonnergaylord.com

Name: Derek Walker (no photo)

Seat: Raleigh City Council District E

Website: https://ballotpedia.org/Derek_Walker

From the Publisher



Photo courtesy of Edward Jones

I'm honored to stand with these women and men who are also passionate about Raleigh and are running in this year's Raleigh municipal election.

Over the last few weeks since announcing my candidacy for City Council, I've had the opportunity to learn a lot about our city and how our municipal government works. I've also been very fortunate to meet many incredibly passionate people who care about Raleigh as much as I do. Many of those I have met live in southeast Raleigh (District C), which is also my home, and the area in which I am interested in serving.

Community leaders all agree there are too few affordable housing options for residents, and this includes not just properties for the lower income folks, but also for the middle income earners, in which you'll find many of our first responders, hospitality workforce, and creative class. They're slowly being pushed further and further outside downtown, meaning the men and women of our fire and police departments can no longer afford to live within the very area they protect. We simply need more affordable housing and the time to start planning and building is now, not later.

Gentrification is another issue that southeast Raleigh is facing, with legacy homeowners being pushed out of their childhood homes, often because of exceedingly high property tax bills or the elderly's inability to manage the upkeep of their house. Many residents who do wish to sell are fearful of being taken advantage of by savvy homebuyers. Other cities have set up tax deferment programs so that residents may keep their homes for as long as they wish to live in them, with any owed taxes collected if and when the home is finally sold. Volunteers from the private sector (for example, real estate agents) could help answer basic questions about home values and offer suggestions for negotiating with buyers so homeowners are better informed on the value of their property.

Unemployment rates are disproportionately high for many of southeast Raleigh's youth

as well as young adults. They want to work but are unable to find jobs or suitable training to open doors to new careers. Local Business/government/non-profit job fairs, on-the-job training programs, internships, and mentoring are all possible solutions to helping people find jobs and learn new skills. More education for younger school children about growing employment sectors and job trends, and in-school business training could help our youth more properly prepare for entering the workforce, equipped with relevant knowledge and a healthy confidence. Community outreach from local businesses could help educate students about potential jobs that may be available when they graduate high school, as well as interactive talks from vocational programs, community colleges, technology schools may spark ideas and interest in new career opportunities.

These are just a few possible ideas for chipping away at some of the issues that residents of southeast Raleigh are facing. Problem solving, bringing people together for a common cause, working towards a unified city, and protecting the future of our youth are all beliefs that I am very passionate about and proud they are important to many others in our city as well. It takes a team to create lasting change.

Please take the time to learn about all of the candidates running for Mayor and City Council in your district. Read through their websites, attend candidate forums and ask questions, look at their past history of work and see if they make good on promises and goals. Then decide on those who you would like to represent you in office and cast your vote. Early voting begins on Sept. 21 and Election Day is Oct. 10.

If you live in District C, please visit my campaign website, www.Crash4Raleigh.com, for info about voting locations and dates and learn more about the issues I believe need to be addressed by City Council. If you agree with these concerns, I would ask for your help by donating to my campaign or volunteering to further our cause of making Raleigh a better place for all its citizens.

Yours in service,



Crash S. Gregg

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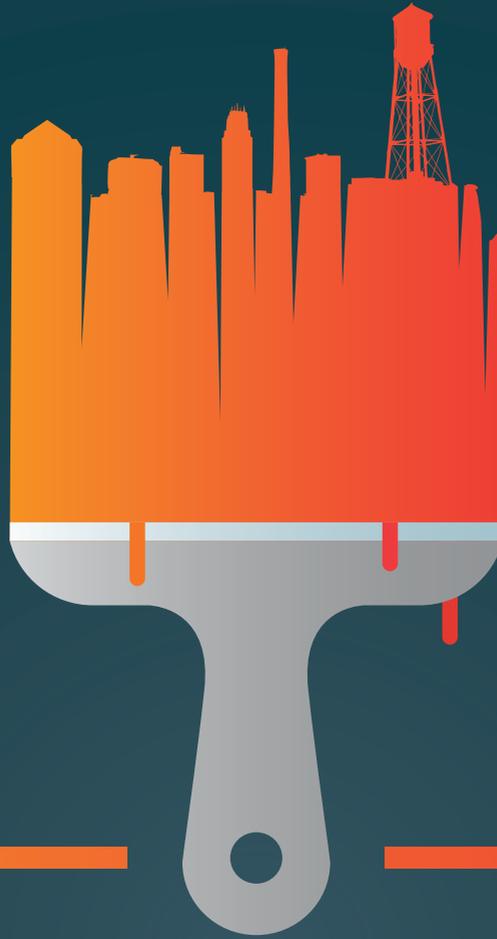
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International Festival director Beara Alchacar and CBS evening anchor Sean Maroney

2017 International Festival of Raleigh

Discover the world in Raleigh with great, authentic international food, great music and fun

North Carolina is the 15th most culturally diverse state in America. To help celebrate our diversity, the 32nd Annual International Festival of Raleigh will take place at the Raleigh Convention Center, Oct. 20-22. This must-see event has something for everyone and promises to be a fun learning experience for the whole family. The event will begin Friday morning with 200 people proudly becoming U.S. citizens and finish Sunday evening with the Procession of Flags.

More than forty sidewalk cafes, dessert booths, and tea and coffee houses will offer food from around the world. In addition, area chefs will provide cooking demonstrations of international recipes. New this year are \$3 and \$5 sampler plates, so festivalgoers may taste a little of everything. Local breweries will also be present serving their best international flavors of beer.

With more than 200 live performances, visitors will enjoy traditional ethnic musicians, costumed dancers, and international bands. Special global attractions that can only be seen at the International Festival include the World Folkloric Fashion Show, Wedding Traditions and Celebrations from Around the World, Ms. World Ambassador Competition, Brazilian Carnival, and the International Dance Competition. In addition, for the first time in Raleigh, the play *Frida Kahlo: Long Live Life* will be performed with the original producer and director Hiram Mirina. The play is presented by the Mexican Consulate in Raleigh.

For the guest who wants to find a unique, authentic gift or memento, there will be a world bazaar filled with decorative crafts, clothing, and jewelry authentic to the country of origin.

New this year, the festival introduces the "Young Diplomats" program. K-12 students can use the International Festival cultural booths to take a virtual global vacation with their family and receive a Young Diplomat Certificate presented to them by a representative from the U.S. State Department.

With Heroes Around the World as this year's theme, more than 60 local cultural groups will exhibit their heritage and the heroes they honor. From Gandhi to Nelson Mandela, Lech Walesa to Evita Perón, guests can learn about the people that have helped shape the world as it is today. Children will also be able to enjoy face painting, storytelling, craft making, and games.

Friday, Oct 20th is Family Day. Tickets for Friday are \$5 before 5pm, then \$7, making discovering the world in Raleigh even more affordable. This is the perfect way for students and their families to spend the Teacher Work Day away from school.

For less than the price of a movie ticket, attendees will enjoy hours of entertainment and travel the world without leaving Raleigh. The festival runs from 10am to 10pm Friday and Saturday, and 11am to 6pm Sunday.

This fun and educational event is only one of the

programs offered by International Focus, the organization that hosts the International Festival of Raleigh. Its mission is to promote mutual understanding between the people of NC and the international community through education, cultural exchange, arts and the celebration of achievements.

The organization strives to facilitate cross-cultural exchange, support citizen diplomacy and promote international arts, business, and education through programs that include:

- The International Visitors Leadership Program a professional exchange program by the U.S. Department of State with more than 4,000 foreign visitors participating annually.
- Community Connections a program of the United States Agency for International Development designed to promote public diplomacy through the exchange of cultural ideas and values.
- The Open World Program administered by the Open World Leadership Center is the first and only international exchange agency in the U.S. Legislative Branch.

Ordering tickets online can save as much as 30%. Use promo code TDT2017 to save an additional \$2 on Saturday, Sunday, and for Family Pack tickets. For more info and to purchase tickets, visit www.internationalfestival.org. Keep up to date on performances and activities by liking the festival page on Facebook @RaleighInternationalFestival.



From the Downtown Raleigh Alliance

To the Downtown Raleigh community and Triangle readers,

The Downtown Raleigh Alliance released its quarterly economic development report for the second quarter of 2017. Downtown Raleigh's second quarter saw new street-level businesses open, more major construction projects, and several new buildings completed or near completion. Here are just some highlights from the report.

In the 2nd quarter for retail, 12 new street-level businesses opened with three more businesses already open in 3rd quarter. Since the start of 2016, downtown has seen 69 new street level businesses open. New businesses opening in the early third quarter of 2017 include MOFU Shoppe, Benny Capitale's, and Tulum Restaurante & Bar.

Over \$1.75 billion in projects are currently under construction (\$312 million), completed construction (\$512 million), or in planning (\$875 million+). Public investment is strong with \$200 million in public projects either underway, planned, or completed, including

greenspace renovation at Moore Square and transit centers at Union Station and the recently renovated GoRaleigh Transit Center.

An estimated 3,670 residential units are either under construction, planned to begin construction in the next year, or already opened in 2015 and 2016. Downtown Raleigh now has over 5,000 residential units. Construction continues on another 425 units including The Dillon and several townhome projects throughout downtown.

Office vacancy improved with a decrease into single digits at 8.9%, with Class A at 11% and Class B at 2.3% vacancy for the second quarter. Downtown company Pendo has raised \$45 million in capital since December 2016. FNB Bank announced their re-location to downtown where they will occupy space at FNB Tower, a planned 22-story mixed use development on Fayetteville Street.

Food and beverage sales are up 9% in 2017 versus the first half of 2016 with sales already topping \$100 million

this year, and on pace to break last year's record of \$202 million in downtown food and beverage sales. Residence Inn by Marriott opened their \$30 million, 175 room hotel in July, which are the first new hotel rooms in downtown since 2012. Additionally, 982 more rooms are planned.

To read the full economic development report for Q2 of 2017, please visit <http://bit.ly/DRA2017-report2ndQ>.

Thank you for your support of the Downtown Raleigh Alliance and downtown Raleigh. We value your feedback. Please feel free reach out to me at orangequarles@downtownraleigh.org or 919-821-6974.

Best,
Orage Quarles III

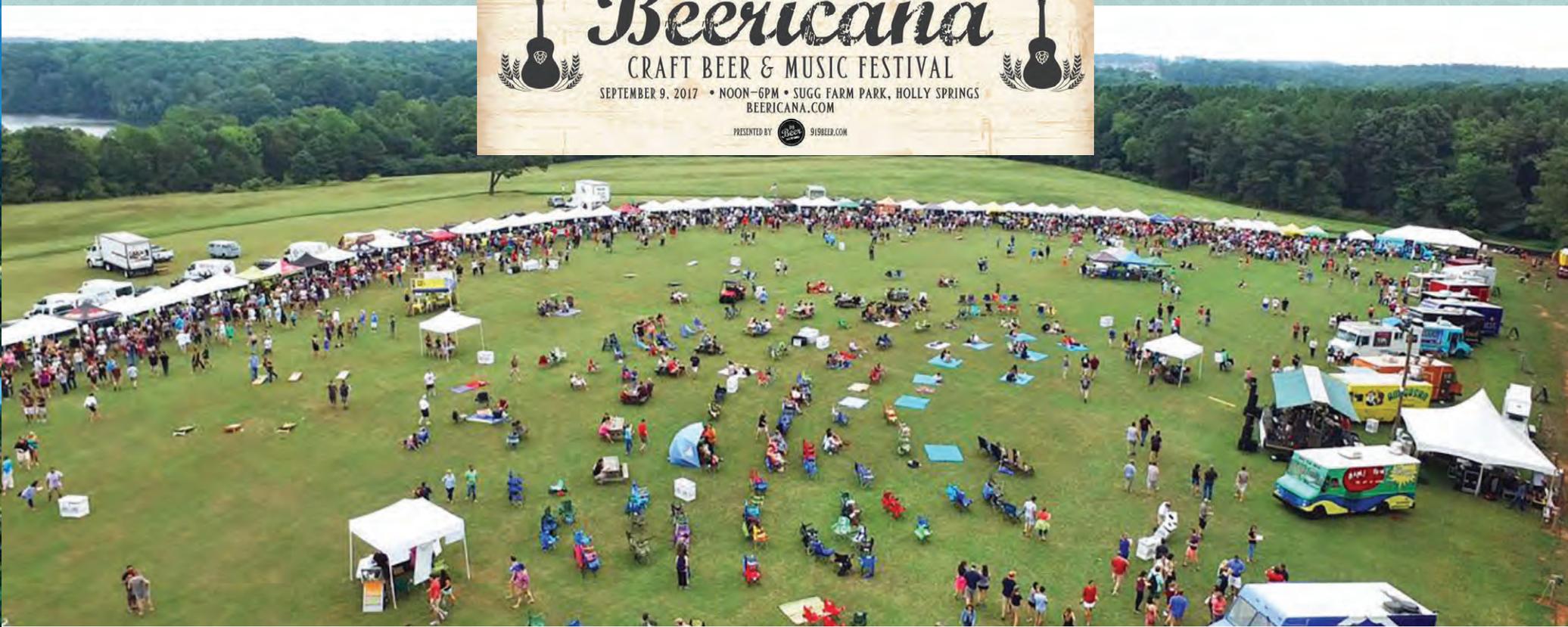
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BY CHRISTY GRIFFITH • PHOTOS FROM 919 BEER

On Saturday, September 9, the 4th annual Beericana Craft Beer and Music Festival drew thousands of people from the Triangle and beyond to the grassy lawn of Sugg Farm in Holly Springs. Hosted by 919 Beer, Beericana is one of the best beer fests you'll be lucky enough to attend: food trucks, Americana bands, and beer tents galore intermingle into the most sublime of Saturday afternoons. The two couples behind 919 Beer, Adam and Brigid Eshbaugh and Wayne and Kelly Holt, work tirelessly to make sure the festival goes off without a hitch (or at least any hitches visible to the public).

Although they are in the middle of preparing for this year's festival, Adam, Brigid, and Wayne were able to take some time to answer some questions you didn't even know you wanted to ask. You're welcome, friends!

How did 919 Beer get started?

Adam: 919 Beer started five years ago as a group of guys meeting once a month at a brewery, just to get out of the house and enjoy some time together away from work. Many of us had young kids at the time, so we wanted a monthly diversion. We didn't just want to go out to a bar; we wanted to learn more about beer. I



Brigid and Adam Eshbaugh



Kelly and Wayne Holt

began reaching out to breweries to see if we could set up some kind of exclusive tour and/or tasting, and that's how we started. Our first meeting was with ten guys at Aviator Brewing Company on July 25, 2012. Over time, wives started joining and the monthly meetings eventually reached 50-60 people. Through these events, Wayne and I made a lot of connections in the beer industry, eventually even working festivals for some of them.

What inspired you to start Beericana?

Adam: We started attending a few beer festivals and

came up with the idea to start our own. We attended more than a few over the first couple years, so we saw some things we really liked as well as some things we thought were done poorly: lack of bathrooms, long lines, unattended trash cans, etc. We decided to start our own festival, taking all of those things into account. We figured we could make an event that people could enjoy responsibly. We knew we didn't want it to be a drunk-fest. Just like our monthly brewery tours, we wanted to create an event where people would go and have a good time, but also be able to learn and appreciate the beers from all the different breweries.

What makes your beer fest different from all the others?

Wayne: Our love for craft beer and desire to offer something really special to the brewers, as well as the patrons. We have a very unique set-up for our festival due to the fact that it's hosted on a 116-acre farm. We have plenty of free parking, and room to spread out so even though there may be 4000 people in attendance, you don't feel like you're crowded.

Adam: We put the brewers first! We have a great brewers' party the night before, where we feed >>>



them and have a fun bottle share. The morning of the festival, we have a big buffet breakfast while they're setting up. We give them lunch during Beericana. Finally, after the event, we have an afterparty for those with any energy left. For out-of-town brewers, we put them up in a hotel for two nights with transportation to and from the brewers' dinner and after party provided.

Brigid: We also pay for the beer; it's not donated, so we're supporting all the breweries that are attending the festival.

Adam: When the brewers are taken care of and appreciated, they're happy to be there. They bring some very special beers to the event, and the festival-goers reap the benefits! It's a trickle-down effect. Also, we do everything we can to make sure patrons are happy. We always have more than enough bathrooms on site. We provide waters, thanks to 12 Oaks, our water sponsor. Our VIP area has additional air-conditioned bathrooms as well as a tented seating area. This year, we're adding two 40' x 100' shade tents and a few large misting fans – we learned our lesson from last year's heat wave!

How do you divvy up the work amongst yourselves? What does each of you bring to the table?

Adam: I handle lining up the breweries and food trucks. Wayne works on most of the legal stuff, like



permitting and working with the Town of Holly Springs, in addition to sponsorships and ticketing. Our wives do a bunch of stuff behind the scenes: Brigid makes our online forms and organizes sign-ups while handling all of our volunteers. Our friends Todd and Elyse Darling are a huge help behind the scenes as well. Elyse handles most of our signage and graphics while Todd takes care of our website. They both also work with Brigid to take care of the day-of flow getting people in and out of the event smoothly.

It sounds like a lot of work. How long does it take to plan? How many volunteers are required to make Beericana run smoothly?

Adam: We really start focusing about six months

ahead of time, but sponsorship work starts about the first of the year. Now that we've added Capitol Broadcasting as a partner, handling our advertising and sponsorships, that's taken a big weight off our shoulders! I'm scared to even estimate the number of man-hours it takes to pull this thing off.

Brigid: We try to get at least twenty-five ticketing volunteers for the first half of the day and ten who will stay all day. We have about 25-35 all-day brewery volunteers who help pour at the tents.

What do you wish more people knew? Biggest misconception?

Adam: The biggest misconception is that we're basically printing money and that it's this huge team of people running the event when, in fact, it's essentially a half-dozen of us meeting at my kitchen table and I'm not driving a Bugatti.

Brigid: Yes, we all have full-time jobs and this gets planned on our own time. We have yet to be able to attend the event or have one beer while the festival is going on.

Wayne: As Adam mentioned, I think the biggest misconception is that we are getting rich. Festivals, in general, are not very profitable; they are a labor of love. We each take on lots of responsibilities and we communicate with one another. Most festivals are put on by large groups of volunteers that come together at the

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very end and haven't communicated along the way. We are able to answer any question that someone could have because we handle every aspect of the festival.

Which brewery are you most excited about coming to Beericana this year?

Adam: We've got about a dozen new breweries coming this year! We need to make sure we keep updating our brewery list so people will keep coming back. Otherwise, if they're anything like me, they'll stop coming if it's the same thing every year. This year, I'm excited to have some new local breweries like Brice's Brewing and Tarboro Brewing Company for the first time. I'm also looking forward to having some new-to-NC breweries like Revision Brewing Company out of Sparks, Nevada, who is actually launching in the Triangle the week of Beericana. The owner will be here pouring at the event! And, of course, I'm proud to have The Mason Jar Lager Company pouring this year. {Adam and Brigid co-own Fuquay's newest brewery on the scene, the Mason Jar Lager Company, with Jon and Maggie Pierce of the Mason Jar Tavern, featured in issue 109 of the Triangle Downtowner, which you can read on our website, www.TriangleDowntowner.com}

Brigid: We don't get to try anything at the festival but we do enjoy the brewers' dinner with the bottle share. I'm excited to see what Southbound brings to



Food truck dinner

share this year and also excited to see what special stuff Mason Jar Lager Company makes!

What is your current favorite beer?

Brigid: There are a few. Highwire Low-Pitch Juicy IPA, Mason Jar's Happy Place Helles, and Trophy Brewing's Trophy Wife.

Adam: Obviously I'm drinking a lot of lagers these days. With this hot weather, Mason Jar Lager Company's Happy Place Helles is my go-to beer. It's only 4.5%, light, gold, and cold! But I'm still a sucker for the hoppy stuff. We've got Bond Brothers Long Stride on tap in

our office at the brewery. Any IPAs or Pale Ales from Trophy and Lynwood. And I'm really enjoying Tropicale from Boonshine.

What's the most under-appreciated beer in your opinion?

Wayne: I think the most underappreciated beer right now is beer-flavored beer. I think we have all gotten so caught up in lots of hops, coffee, barrel-aged, fruit-flavored, and about anything else you can think of that we have forgotten how to appreciate a well-made classic beer.

Adam: Lighter beers. Simple beers. Beers that when they're well made, people don't really think much about them because they're not using sexy new exotic hops and crazy ingredients, like Helles or Pilsner or Kolsch or Cream Ale. They're unremarkable to much of the beer-drinking world, but you can tell so much about a brewery by tasting their light beers. You can't hide behind a ton of hops or high ABV. 🍺

You can subscribe to the weekly 919 Beer Podcast hosted by Adam, Wayne, and Joe Ovies from 99.9 The Fan on your favorite podcasting app. If you missed this year's Beericana, we'll be posting lots of photos and a complete list of the breweries attending on our Facebook and Instagram pages, Triangle Downtowner Magazine.

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At the NC Museum of History: First Lady of NC Kristin Cooper and current and past Miss North Carolina Queens including Victoria Huggins (2017), Dana Stephenson Dixon (1994), Nannette Minor Godwin (1966), Kathy Fleming Cook (1977), Penelope Clark Kilpatrick (1965).



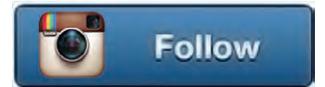
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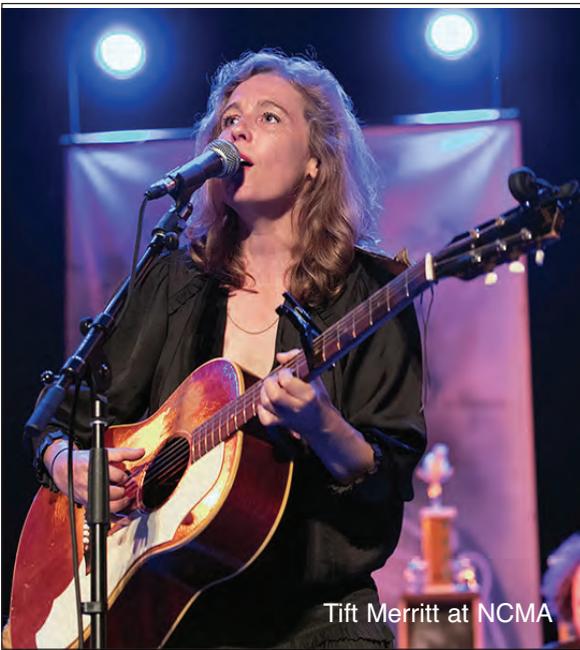
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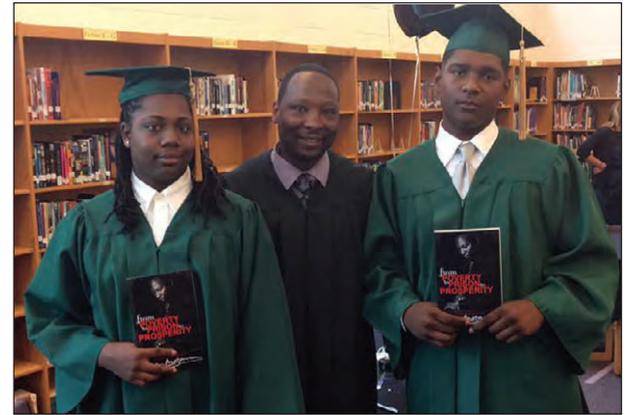
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Tift Merritt at NCMA



Downtown Raleigh Restaurant Week raised \$8,700 for the Food Bank of Central & Eastern North Carolina with the help of their sponsors including FreshPoint and Sysco.



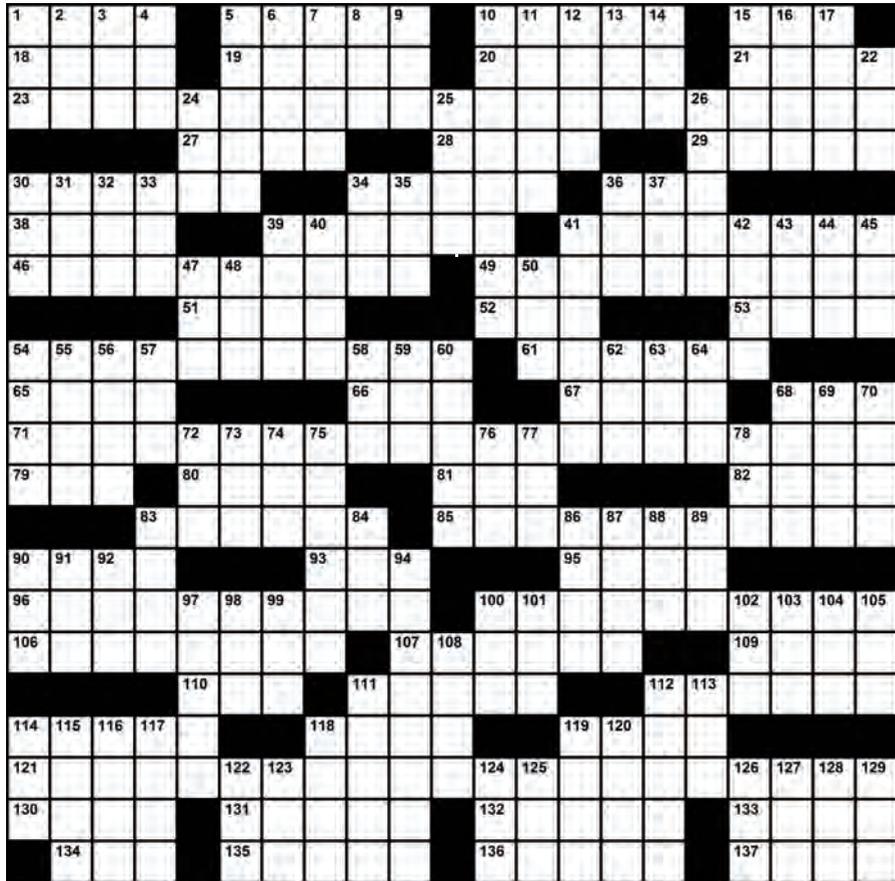
Congrats to Sean Ingram on the opening of the Sean Ingram Academy. His Juvenile Diversion Program helps our youth learn and grow and know they are all important. www.TheSeanIngramAcademy.org



Counting Crows



Want to win a Downtowner T-shirt? Email us a photo of your completed puzzle to xword@welovedowntown.com. We'll pick a random winner each month. Need a hint? Visit our website for the answer key: www.welovedowntown.com. No cheating!



"Very
repetitious"

ACROSS

1. Potter's tool
5. Each
10. Wrap around a sandwich, sometimes
15. Garden worker?
18. Continent
19. Tree with pods
20. Oil and vinegar holder
21. Sea World attraction
23. Quiet!!!!
27. Nev. city
28. Resembling wings
29. They were created in 1912
30. Dwell
34. Catalina for example
36. Morse E
38. OPEC nation currency
39. Beat, and how!
41. Chair a panel discussion
46. Hybrid '50s musical genre
49. New converts
51. Autumn tool
52. Offense
53. "The Little Mermaid" baddies
54. Pleased when hurt
61. Some field workers
65. Baby nurse
66. Goings-on
67. Formally surrender
68. Victorian, for one
71. Lots of loving communciations
79. One of the Clanton brothers
80. Oklahoma's "Wheat Capital"
81. Farm milk provider
82. Repellent
83. Gorgeous man
85. Removed the salt
90. Plane, e.g.
93. Clodhopper
95. Grow
96. Alternative
100. Not perfectly balanced
106. Religious residences
107. Without light
109. Pervasive quality
110. Relief
111. Wharf
112. Composite material
114. "I do" sayer
118. Tropical tuber
119. Sots' spots
121. Cries from a kid
130. Small bills
131. Green ____
132. Manservant
133. Tadpole's breathing organ
134. AC/DC album
135. Cave
136. Pass over
137. Word of exclusivity

Down

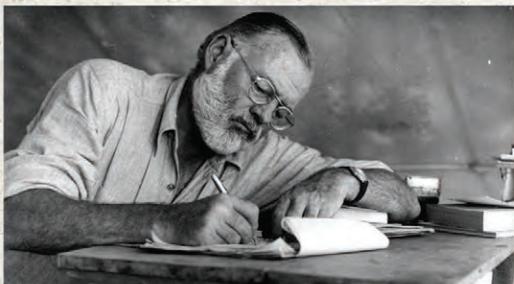
1. Represented
2. Cinders
3. Med. research agency
4. Morse dash designator
5. Sufferings
6. Chemistry Nobelist Otto
7. Repetition
8. Word to a doctor
9. Cry on "The Simpsons"
10. Pulls along
11. Buddhist who has attained Nirvana
12. Dortmund's region
13. Keynes and Friedman would be key figures in this branch of study, abbreviation
14. Last degree
15. Physicist Niels
16. "____, ____ was the one that did it!"
17. She loved Narcissus
22. Examination room sounds
24. People people, abbr.
25. Angel surround
26. Westin, Hilton, Marriott are examples of it
30. Canadian hockey player Bobby ____
31. Job-seeker's posting
32. Kind of fly, for short
33. Kansas river
34. Harm
35. On the ____
36. ____ and don'ts
37. Ben Jonson wrote one to himself
39. Collaborative website
40. Beers
41. Monte Carlo locale
42. Some breads
43. Broke fast
44. Far: Comb. form
45. Winding road part
47. Not go straight
48. Nonsense!
50. Kid
54. Skirt for the modest
55. Go out of control, with run
56. Former German state, to Frenchmen
57. Taunting expression
58. Word with "luxury" or "excise"
59. Do you take this bride answer
60. Participated in crew, in a way
62. First name in comics villains
63. Formerly Tokyo
64. Dinosaur in the "Toy Story" movies
68. Back door
69. Cameo part
70. Cut down
72. Cancelled
73. Bed-in enthusiast
74. Mark, as a ballot
75. Loathsome
76. Be indebted
77. Crosses (out)
78. Eggs
83. Likewise
84. H.S exam
86. Radical derived from hydrogen removal
87. Citrus-tasting
88. Philosophy
89. Word preceding a maiden name
90. Federal retirement plan (abbr.)
91. Sharer's word
92. Jedi first name
94. Join together in a league
97. Lady's love
98. 3 in Roman letters
99. A Kennedy
100. Verb with thou
101. Cloud's place
102. Pitch
103. Intoxicating liquor
104. Huffiness
105. Felix
108. Straddling
111. Quipster
112. Orange container
113. Clairvoyance, e.g.
114. Official US publisher (abbr.)
115. Go off on
116. Ali Baba's command
117. Brewer's equipment
118. Bitter
119. Neighbor of Java
120. Mimicked
122. Atty group
123. Bic
124. Washington's Pennsylvania
125. Confidant
126. Kingsley novel "Two Years ____"
127. Wrestling match ender
128. "____ Things Considered"
129. Practice, as a trade

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OCTOBER GRAND OPENING



We're almost there! Check our website, FB, or Insta page for more details as we approach our grand opening in October. And be sure to stop by our website to reserve your 1/2 off membership before we open so you're not late for the party. And speaking of party, don't forget that we'll be donating 5% of all proceeds to a different local charity each month, so feel good that you're partying with a purpose (it's the only way to go!).

What will you find at 5 you ask? Charity benefit theme parties (Great Gatsby, Happy Days, 80s Glam, High School Prom Night, Hawaii Luau, and more), a large covered outside patio, craft cocktails made by friendly bartenders who actually care that you're our guest, local Triangle craft beer, a curated wine and champagne list by the Raleigh Wine Shop, dance floor, exclusive Island Sound DJs who enjoy taking requests, upstairs VIP lounge with private bar, wine lockers, outdoor movie night (Princess Bride anyone?), and a crazy diverse range of music from the 1950s to current (if it makes you feel good, we'll play it).



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